

Look at that splash! Angela did a picture perfect cannonball, and John a 10 point dive. But they each did something before this picture: they checked to see how deep the water was.

Always make sure you check how deep the water is before just diving in. It might be not deep enough - or deeper than you realize. I broke my foot once jumping into water that was too shallow. A friend almost drowned jumping into water that was much deeper than he thought. Don't let it happen to you!

