

My Rights: The right to happiness.

It's what all people strive for, and kids have this right too. Every child has the right to feel good and not hurt. This doesn't mean we're always happy. Pain is a part of life too. Sometimes bad things happen, and sometimes people do hurtful things. It isn't fun when they happen, but we need to work through them. Even though bad things sometimes happen, you have the right to choose to do things that feel good to you. No adult who cares about you will want it any other way, and nobody should do hurtful things without a very good reason. You have the right to feel happy... most of the time.

