

You might think you can navigate the waters like a dolphin, but kids need to be aware of their limitations. Even good swimmers can get tired in the middle of the water. Make sure you have enough energy to swim where you're going, **AND BACK AGAIN**. Even good swimmers can get caught up in strong currents. Make sure you stay where it is safe. Respect water. Stay inside boundaries, stay around adults, and most important of all, **NEVER TRY ANYTHING NEW UNLESS AN ADULT IS RIGHT THERE TO HELP YOU**. This goes for swimming out to the deep end, diving off a new board, or trying any new water tricks. Stay Safe!

