

TOUCH N-TELL

(Group- Small group-Sensory)

Take turns covering a child's head with a paper bag. Have the teacher direct the other kids to take turns giving the child with their head covered different touches. (All appropriate, of course) The child underneath the bag has to describe how the touch felt to them in a couple quick words, and try to guess who gave them the touch. This activity can be done in group time or as a stand alone teacher directed activity.

Tasting Party

(Sensory-Language)

Throw a tasting party in your classroom to illustrate the difference in tastes among children. Use it to emphasize that touches are just like tastes. Everyone likes different things, and we need to speak up and always let others know what we prefer.

Bath Play

(Dramatic Play)

Set up your dramatic play area into a bath time. Set out a couple larger cardboard boxes, or some large tubs. Also add towels, Some dry wash clothes, Scrubbers, empty shampoo bottles, rubber duckies, and other bath tie props. Provide the children with spray bottles set on mist as well. Have the children take turns pretending it is bath time in their house. Use the opportunity to talk about healthy body concepts.

My Rights Flags

(Fine Motor-Language)

Using construction paper, pre-cut out shapes of the American flag. A Blue square for where the stars go, and red and white stripes on strips of construction paper. On each one of those strips, Write down a different right from the "My book of Rights" book. With older children, you can simply provide them with the strip and have them copy the words onto it. Have them assemble the flag on a piece of construction paper,

