**Mistake Discussion**  
(Group/Small group)

Sit down with your children in group time and have a discussion with them about mistakes they might have made before. Times when they might have done something bad that they didn’t mean to or later regretted. No normal child will consider themselves anything but good, and doing this exercise helps drive home the point that good people can sometimes do things they shouldn’t. Lead off with an example of yourself. Be real to your children. Tell them about a time you did something that hurt someone though you didn’t mean to or didn’t realize it at the time. Children look up to you, and this helps them to see than even a good person in an authoritative role can make a mistake. This can also be an awesome bonding activity with your group. It will help them to respect you more and see you as more real.

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**Paint A happy Touch**  
(Art)

Provide the children with a variety of bright colored paints and ask them to paint what they consider a happy touch. After they are done, have them dictate captions about their painting to hang up or post with their picture.

**Paint A sad Touch**  
(Art)

Provide the children with a variety of dark colored paints and ask them to paint what they consider a sad touch. After they are done, have them dictate captions about their painting to hang up or post with their picture.

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**That would Make Me...**

**Part One**  
(Fine Motor)

Provide the children with popsicle sticks, glue, and construction paper or construction paper scraps. Have them cut out and create both a smily face and a sad face. Have them glue each one onto a popsicle stick to create a happy and sad face popsicle stick puppet, and let them dry.

**Part Two**  
(Group/Small Group)

After their popsicle stick faces have dried, have each child get theirs and have a seat in the group area. Have them hold one popsicle stick face in one hand and the other in the other. Have them close their eyes, and you give them different scenarios. (For example: Your brother hit you and took your cookie; A friend pushed you down; Your uncle gave you hugs; exc.) For each scenario, have them visualize how it would make them feel and then hold up either the happy or sad face to say how that would make them feel.