

Name \_\_\_\_\_ Class \_\_\_\_\_

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### Fight Bullies with Body Language

This is a good way to send a message when you witness something but don't really know the person who is doing the teasing and aren't comfortable with making a big fuss. There are several ways to send a message without even saying a word:

- Give the bully a mean stare
- Roll your eyes at the person doing the teasing
- Show your disgust and say "whatever" before turning your back to walk away
- Shake your head back and forth in a disappointing gesture

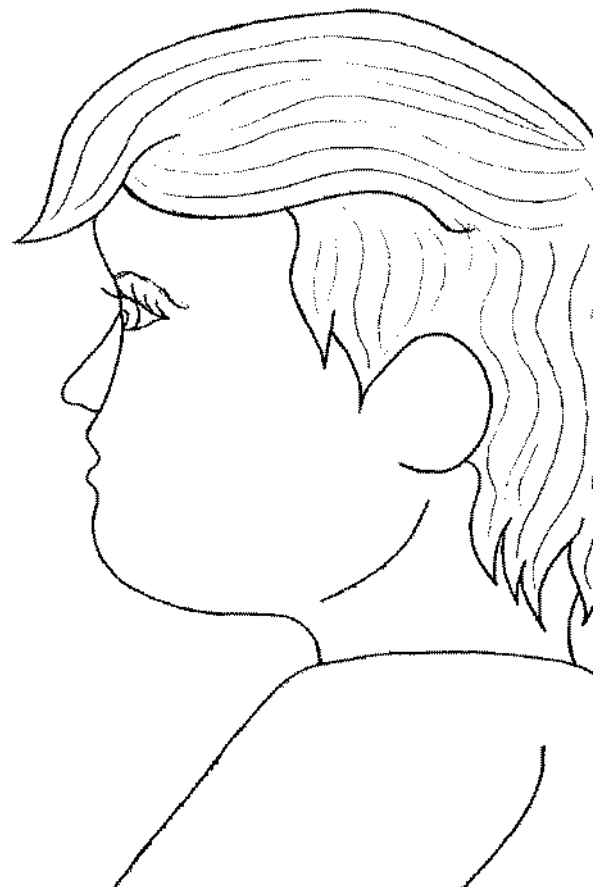
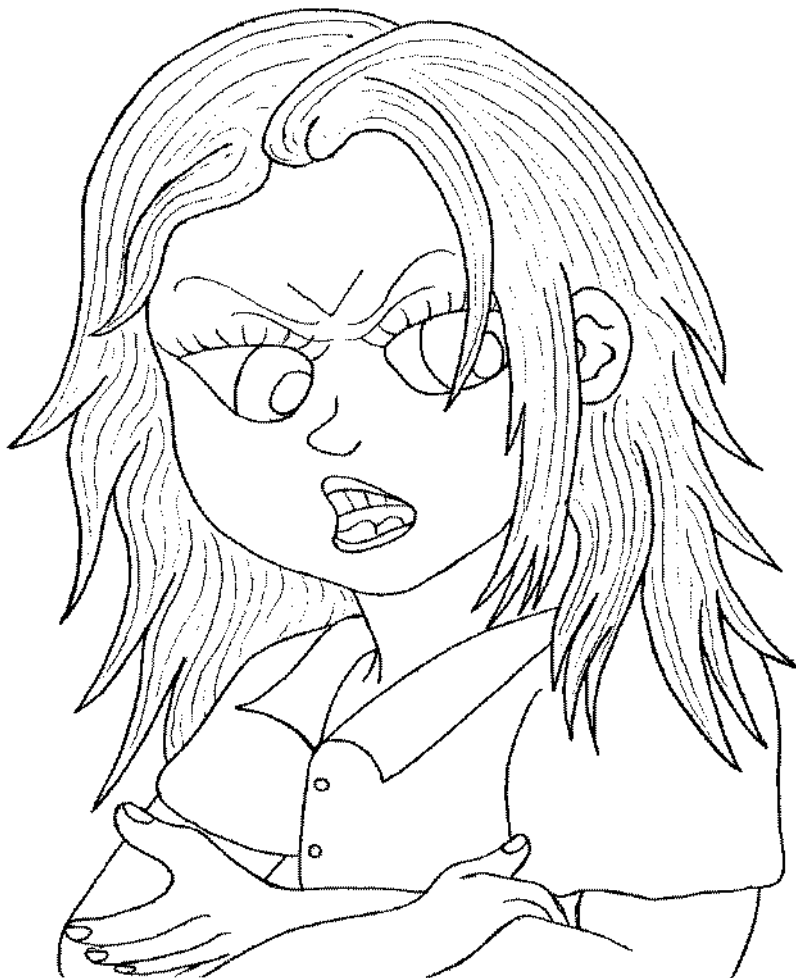
*Which one of these things do you think would work best? Why?*

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*It's just as important that we watch for body language or reactions that might encourage a bully. Here are some things you should never do:*

- Never smile or laugh at a bully's jokes
- Don't nod your head or agree with those doing the teasing
- Don't stand there and silently watch. This gives the bully an audience. Either speak up against it or get out of there.
- Whatever you do, don't join in.

*Why do you think it's so important not to watch or laugh at what a bully is doing?*

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