

When parents divorce, it can be a scary time for kids. It will mean a lot of change, and change is always scary.

Your mom and dad want to help you and support you in any way they can. They may not be able to fix every problem, but they want you to feel free to Communicate your concerns and speak with them about how your feeling.

Remember: It's their job to protect you and help you, not the other way around. So don't be afraid to talk.

