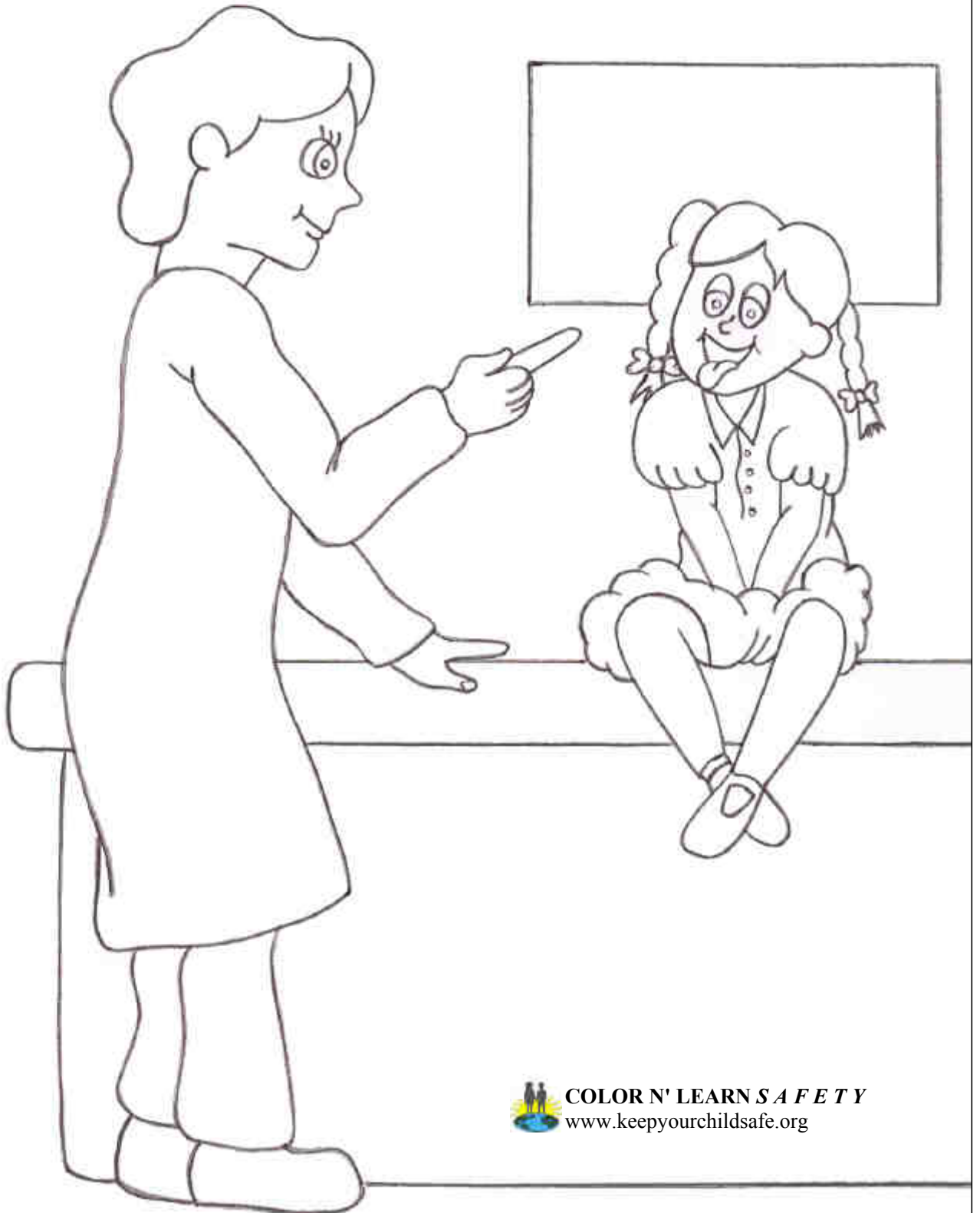


Sometimes adults may have to do something that hurts, like when a doctor gives you a shot, or when your mom brushes your hair. Sometimes a doctor may examine your body, and they may ask you to undress to do this. Sometimes parents, babysitters, or other people may have you take your clothes off to get changed or take a bath. But know this: Others should not do anything with your body that hurts you or makes you uncomfortable while keeping it a secret. If it's a good thing to be doing, they won't mind that others know. So if anyone does something that hurts you, make sure you let others know!



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