





Mmmm...grapes. Don't they look yummy? Grapes certainly are a delicious fruit, but they also happen to be round and squishy and just the right size to get caught in your airway. This makes grapes a choking hazard. That is why you should NEVER feed grapes to a baby or toddler without asking an adult and making sure they are cut up first. Smaller kids can't eat the same type of foods that are OK for a bigger kids. They might choke to death if you give them the wrong foods to eat.

When it comes to gobbling grapes yourself, always make sure you chew them carefully, and don't suck on grapes in your mouth, because you might accidentally suck a grape right into your airway. You also shouldn't play games to throw grapes in the ear and catch them in your mouth. You just might get a hole in one, and have it go right through your mouth and get stuck in your throat! These happenings may seem unlikely, but every year kids JUST LIKE YOU choke on grapes because they are doing these things. Stay safe, so that you can enjoy gobbling down grapes for many years to come!

