

Name: _____

Class: _____

Learning About Bullies Spelling / Vocabulary Worksheet

Grades 1 to 2

Instructions: Practice writing the spelling words in the space on the right, then find an adult to read you the paragraphs when you are done.

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Bully

Sometimes kids **bully** others because they're insecure themselves, and so making fun of others is a way to make themselves feel better about their own flaws. It's a sad quirk in the way people think: Since we all tend to measure ourselves against others, insecure people tend to believe that the only way to feel better about themselves is to make someone else *seem* worse in comparison. If *you're* worse, *they* can be better, or so the thinking goes. Of course, that's not how it *actually* works in real life, but this is what their brain tells them... often without them even thinking about it!

Lovable

Sometimes kids bully others because they're treated badly at home, and so they carry this anger to school with them and let it out by treating others badly. This is also why it's important to be kind to EVERYONE, even to someone who treats us badly. You can't always see what's going on behind the scenes in their own lives, and sometimes those who act in the least **lovable** ways are those who need love the most.

Torment

Sometimes being a bully makes a person feel powerful. It's a false, cowardly sense of power – one that comes from being mean and intimidating others. But when their mean actions can have such a profound effect on people, they feel in control. This is also why it's best to try hard not to let them get to us. The more you react, the more powerful they think they are, and the more they might **torment** you in return.

Group

Sometimes people make fun of others because they think it will impress their friends or make them popular. Or they might do it just to go along with the **group**, because they want to fit in or don't want their friends turning against them. As hard as it may be to believe, sometimes people don't even mean the ugly things they do – it's just an act to impress others.

Certain

No matter what the reason may be that kids would bully someone else, one thing is for **certain**: It has nothing to do with what's wrong with you, and everything to do with what's wrong with THEM. There isn't anything in the world that makes such behavior OK. We all have our faults and imperfections. We all have our own unique differences. So even if what they say has just a little bit of truth to it, nobody deserves to be ridiculed for their differences. We need to help one another – not hurt each other – when it comes to our flaws or differences.



1. Bully

2. _____

3. _____

1. Lovable

2. _____

3. _____

1. Torment

2. _____

3. _____

1. Group

2. _____

3. _____

1. Certain

2. _____

3. _____