



Divorce isn't easy for kids. It can be very hard and painful, and things can seem pretty bleak at times. It involves a lot of change, and nobody much likes change, not even adults. But it's important to remember that *change* is what divorce is about: your family isn't *ending*, it's just *changing*. Your parents might not want to be married anymore, but you will always be family, because they are connected through you. Just like Grandma or Grandpa or your aunts and uncles, you, your mom, and your dad will always be family who love and care about each other. Marriages may end, but family truly is forever!

