



We all enjoy being in the spotlight from time to time. We want to tell others all about our talents, our possessions, or moms or dads or families, or other things we're proud of. But too much of this becomes bragging. When you brag, others can feel like you're putting them down by saying how much better your life is. So remember to share the spotlight with others. It's OK to share our excitement, but then stop to take an interest in the talents or interests of others.

Remember this when others start bragging, too. They're probably not trying to be snotty, they just want you to be excited about their life or the different things they do. They want to share with you their pride or excitement about something.

