My rights: The right to speak for myself.

All kids should listen to adults and be respectful. Grown-ups are there to guide you, and sometimes they may have to guide you in ways you don't like. But kids should also know that they have a right to voice their feelings and opinions to others in a respectful manner. They have the right to be treated respectfully in return, and no adult should force a child to do something uncomfortable without a reason. If you're ever unsure, you can ask another adult.

