



Whoops! It looks like somebody spilled the juice. That's OK, nobody's perfect, and sometimes accidents happen. People make mistakes. They may intend to do one thing and end up doing quite another. Maybe they're being careless or not watching what they're doing, or maybe they're not thinking ahead to consider where their actions might lead.

Pretty much everyone knows about accidents when it comes to spilt juice. But sometimes we forget this when it comes to the way others treat us. People can sometimes be rude or mean or do other things that upset us, and we assume that they planned it this way. We think that they did it on purpose. We assume that they meant to hurt us, or that they planned their actions carefully and knew exactly how it would affect us ahead of time. But this isn't really how it works.

People can make mistakes in the way they treat each other just like they can have accidents with juice. People can have words spill out their mouth and say something in anger that they really don't mean. They may intend to do one thing and end up doing quite another. They can make mistakes because they aren't being careful to consider how their actions might impact others. They can do things without thinking about all the consequences. They might do things that upset us even though they aren't trying to make us upset. They can make errors in judgment.

So try to remember this the next time someone does something that bothers you. People aren't perfect, and so we need to be patient and forgiving when they make mistakes. Whether it's spilt juice or upsetting behavior, we should expect imperfect people to do imperfect things from time to time. That's just the way life is.

And when you spill the juice, what do you need to do? Clean it up! It's the same thing when you accidentally say or do something that hurts someone else. You need to try to clean up the mess you created by saying you're sorry or finding other ways to make it up to them. It's important to do this even when we didn't mean to do something wrong, or when we don't understand what upset them. Doing this shows you care about their feelings