

Name: _____

Class: _____

Teaching Children Kindness Spelling / Vocabulary Worksheet

Pre-K & Kindergarten

Instructions: Practice writing the spelling words in the space on the right, then find an adult to read you the paragraphs when you are done.

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Kind



Being **kind** means treating others as we would want to be treated ourselves. If something makes you happy, like hugs or kisses or compliments or ice cream or when people share, then you should do all you can to share these wonderful things with others. If something would upset you, don't do that to others.

Feel

Kindness means taking the time to see things from another person's point of view. It means showing consideration for their feelings, even when we may not agree with them or **feel** the same way ourselves.

Happy



Kindness is being considerate of the needs and desires of others, even when they conflict with our own. It's remembering that for all our faults, each one of us only wants to be **happy**, and so we should try to do all we can to make others happy.

Pain

Kindness means taking the time to concern ourselves with the thoughts and feelings of others. It means taking an interest in their lives, sharing in both their joys and their burdens of **pain**.

Care



Kindness is all about caring... caring about how other people feel, caring about the things they experience, caring about what happens in their lives. It's about showing empathy towards others – which means you try to **care** about their feelings just as much as you would your own. If they feel sad, you're upset by this too. If they feel happy, we share in their joy. This is showing empathy towards others.

1. Kind

2. _____

3. _____

1. Feel

2. _____

3. _____

1. Happy

2. _____

3. _____

1. Pain

2. _____

3. _____

1. Care

2. _____

3. _____