www.keepyourchildsafe.org

Everyone needs love in order to grow into a healthy and happy person. Affection and attention are to people what water and sunshine are to flowers. It helps their heart grow big and beautiful. The more kindness we give to others, the more their beauty grows. And the more the beauty of those around us grows, the more love comes back around our way.

1. What are some ways that you can spread kindness to those around you?

2. What do you think would happen to this plant if we instead pored poison over it?

3. What do you think happens to people when others dump hostility or anger onto them instead of showing kindness and compassion?