

I say Yes!

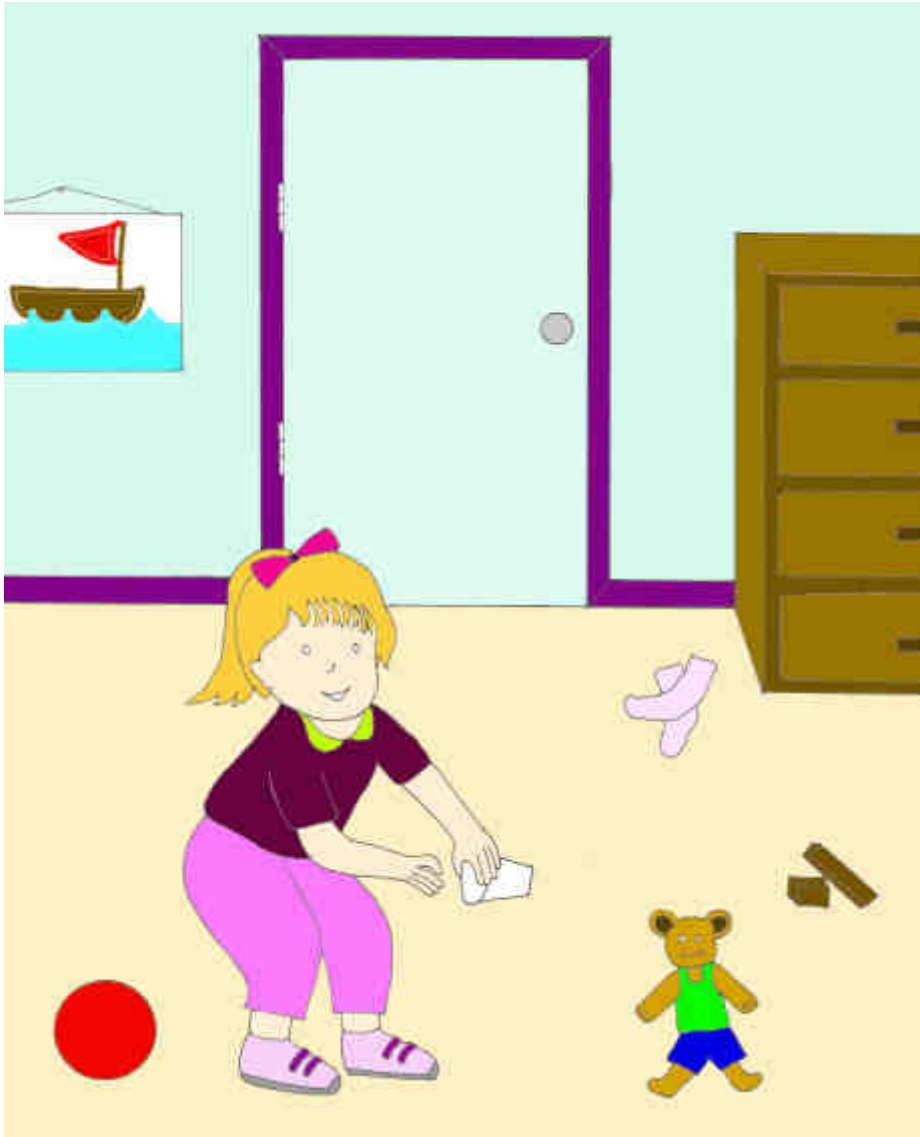


Teaching children about times they are allowed to say no to an adult is important in abuse prevention. Children are a little leary of disrespecting an adults wishes, as this is usually met with not very pleasant consequences. This is a short children's book, which goes over some basic scenario's in which children are allowed to say "No!", as well as some scenario's they should listen to and comply with. This book helps to solidify their concepts of when it is OK to say "No" to something an adult asks them to do.

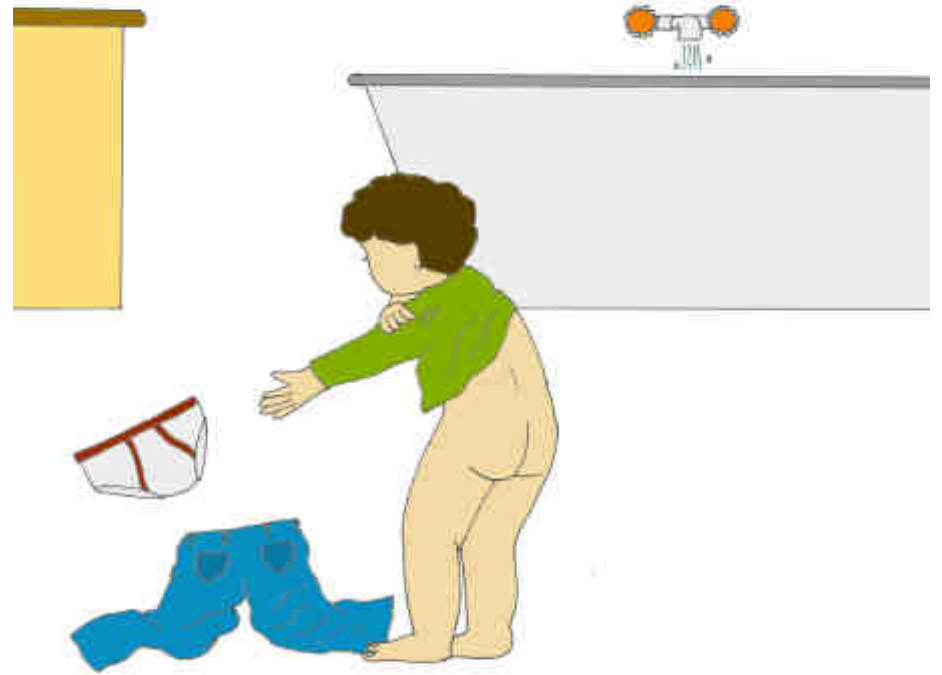
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I say “Yes!”
when my Dad asks me to clean my room. I know
that cleaning my room is something I should do,
even if I don’t want to.

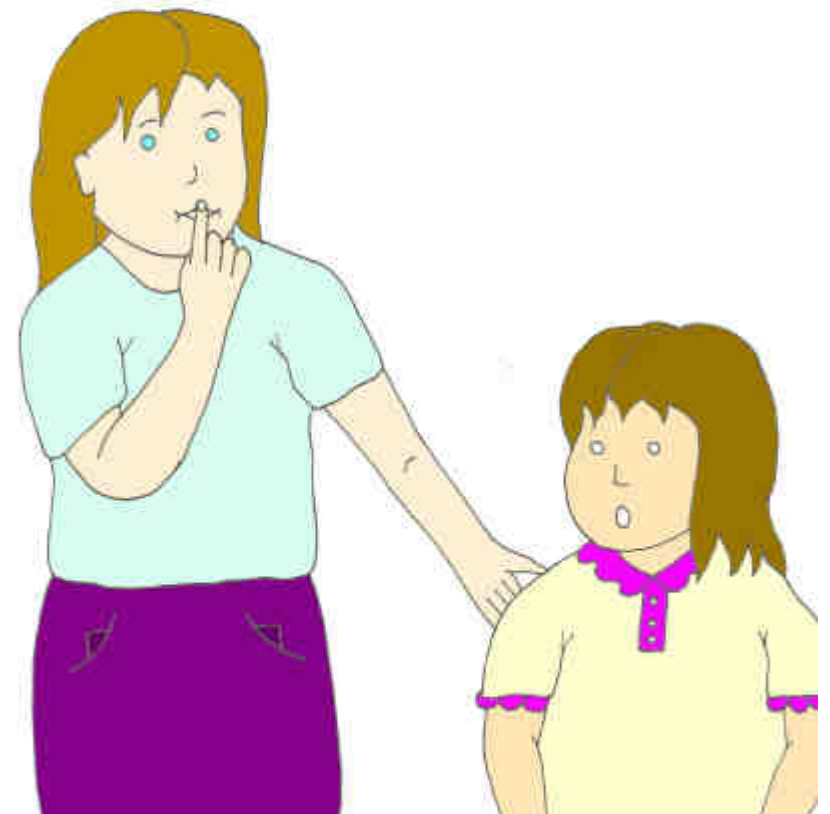


I say “Yes!”
when my Mom tells me to take off my clothes
for my bath. I know that baths take care of my
body and keep it clean.

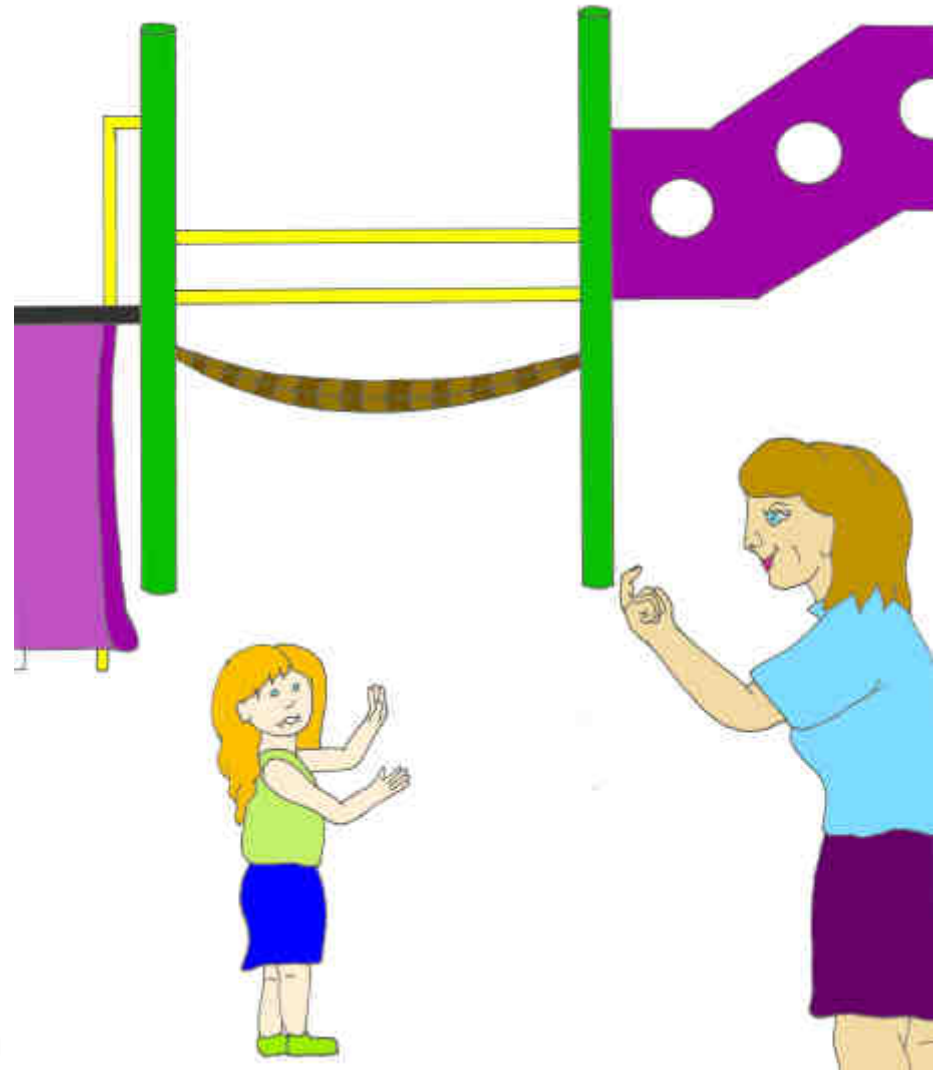


I say "No!"
when my friend Jimmy wants me to steal
something from the store. I say no because I know
that stealing is bad.

I say "No!"
when Sara tells me to never tell my Mom.
I know secrets from my parents are bad.



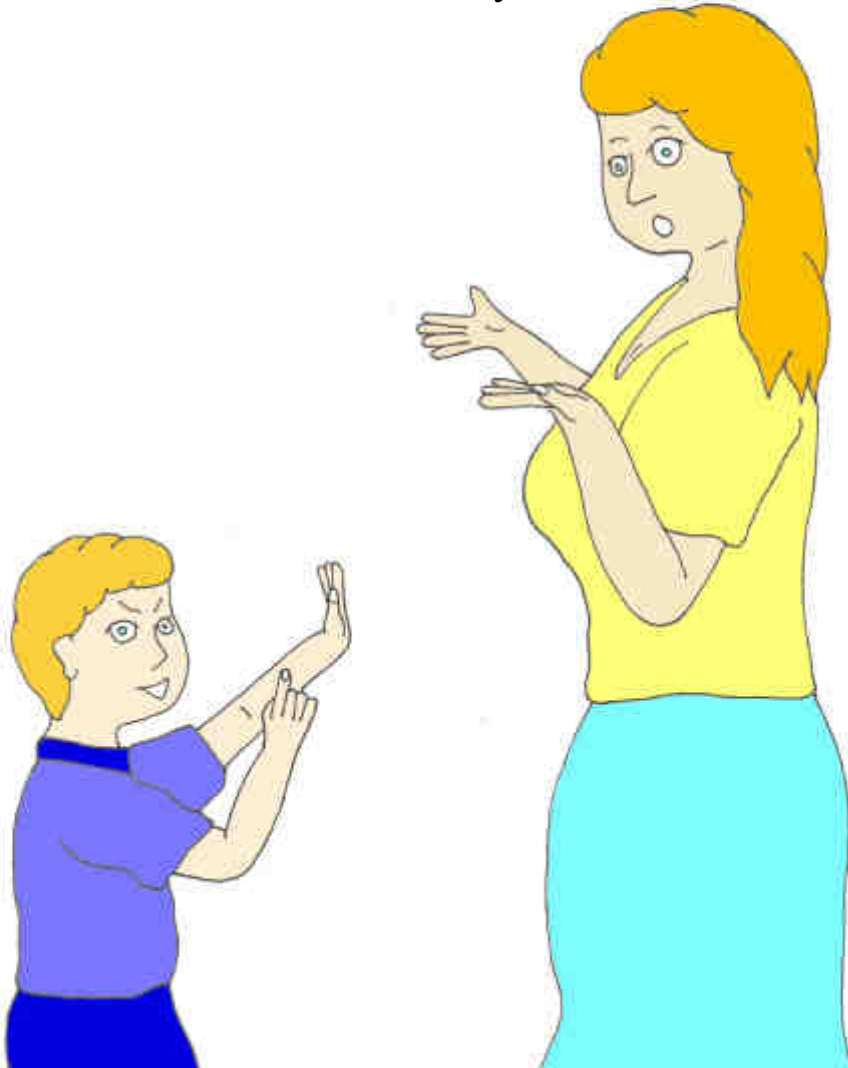
I say "Yes!"
when my Dad tells me it is time to get
dressed to go to school. I know that getting
dressed is something I need to do.



I say "Yes!"
when my Mom tells me it is time to leave
the park. Even if I don't want to, even if I
still want to play, I know that listening to
grown-ups is good.

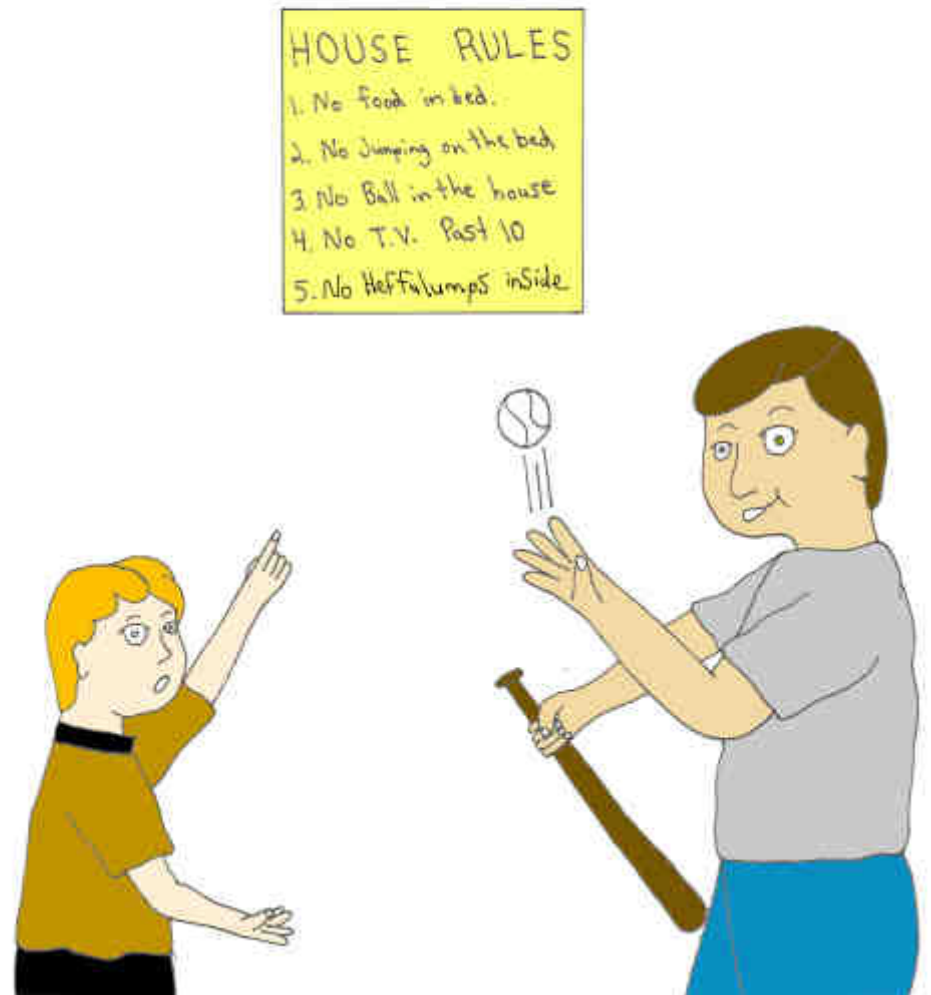
I say “No!”

when a grown-up asks me to do something that makes me feel funny or uncomfortable. I tell them I have to check with my parents before I can do it, and if my parents say it is OK, then I will listen to what they ask.

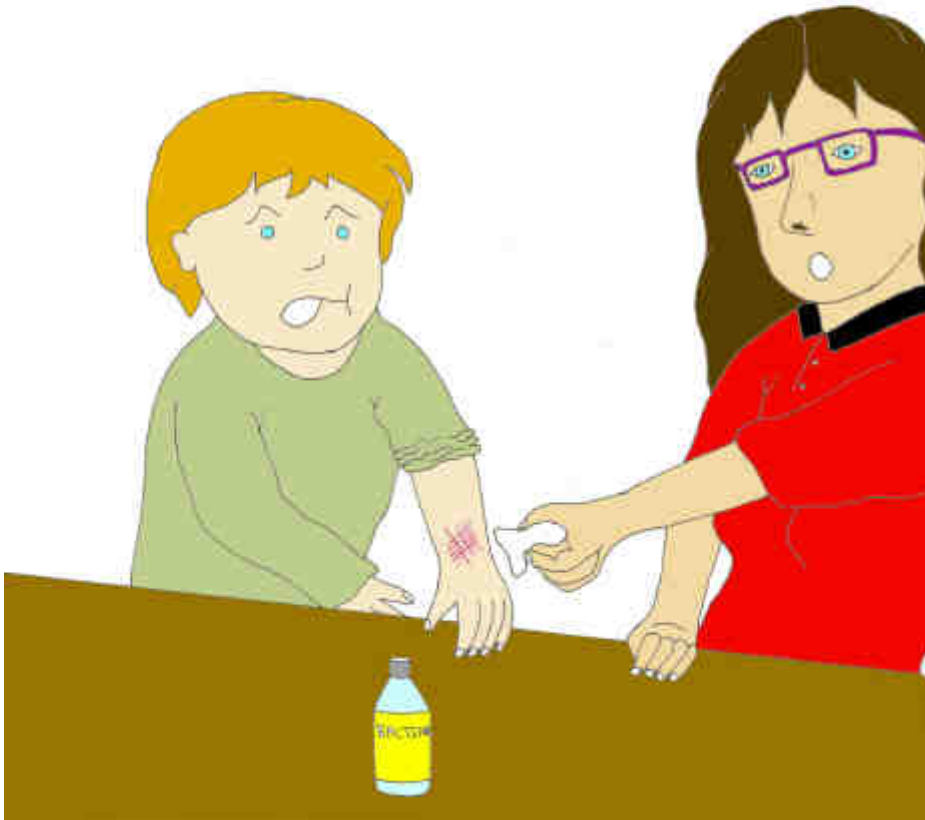


I say “No!”

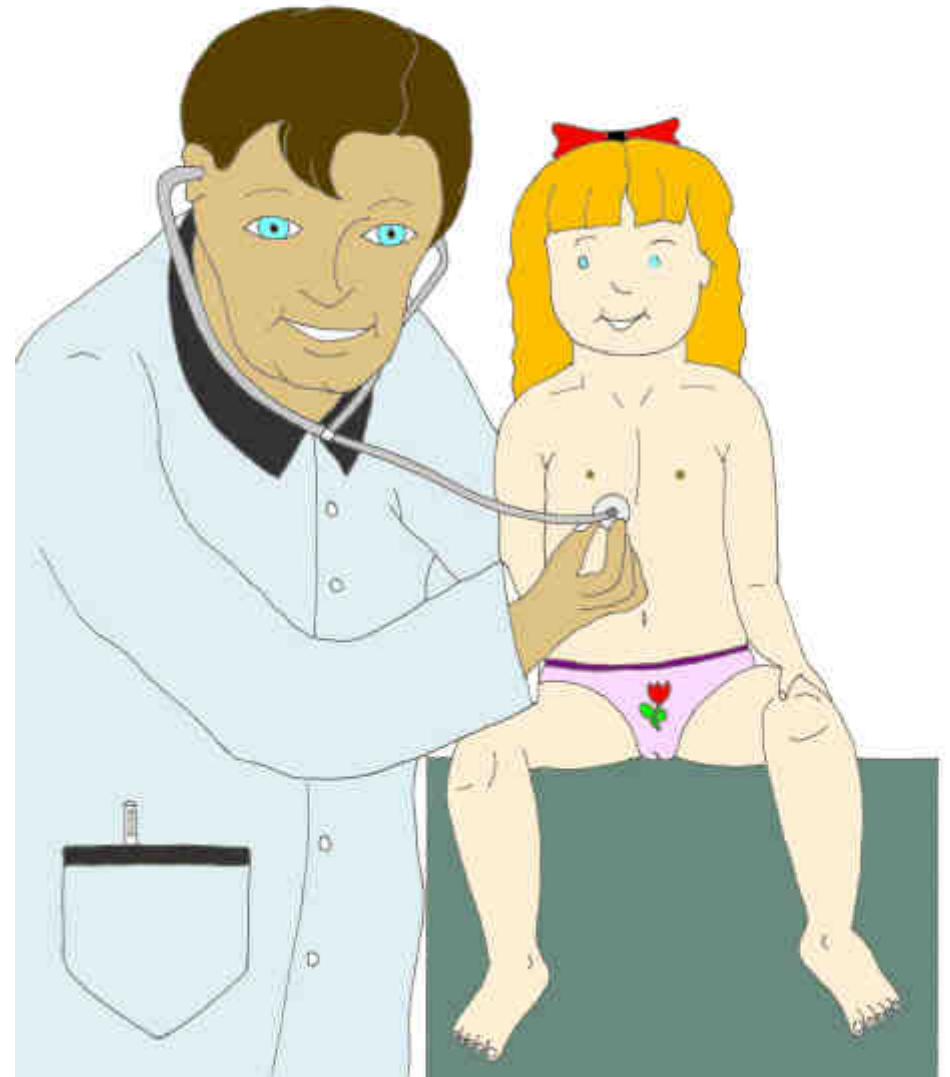
to a grown-up when they ask me to do something that my parents have told me not to do.



I say “Yes!”
when my mom needs to clean
my owie. It may hurt me, it may
be a touch that feels bad, but I
know she needs to clean it to make
it better and keep me safe
from infection.



I say “Yes!”
when a doctor needs to look at
my body with my clothes off, but only inside
of his office when my parents know about it.
I know doctors have to look at my body
to keep me healthy.



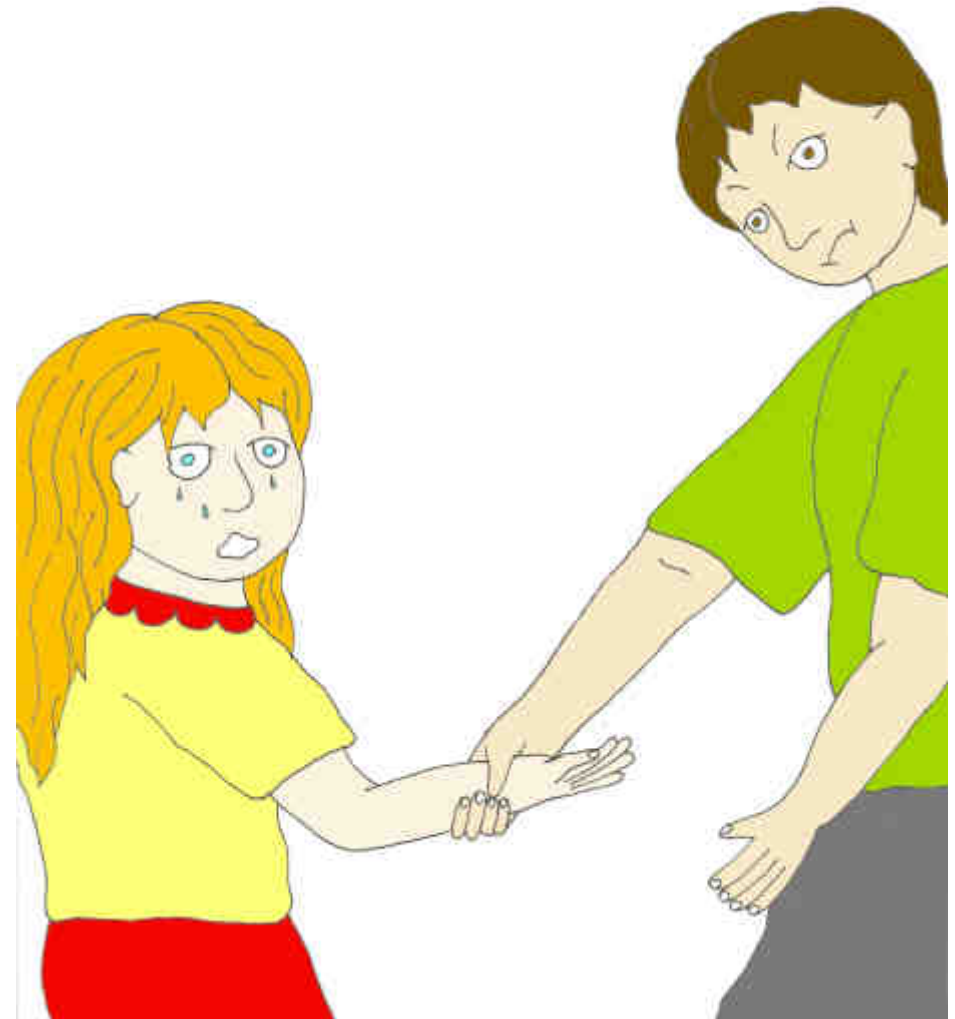
I say “No!”

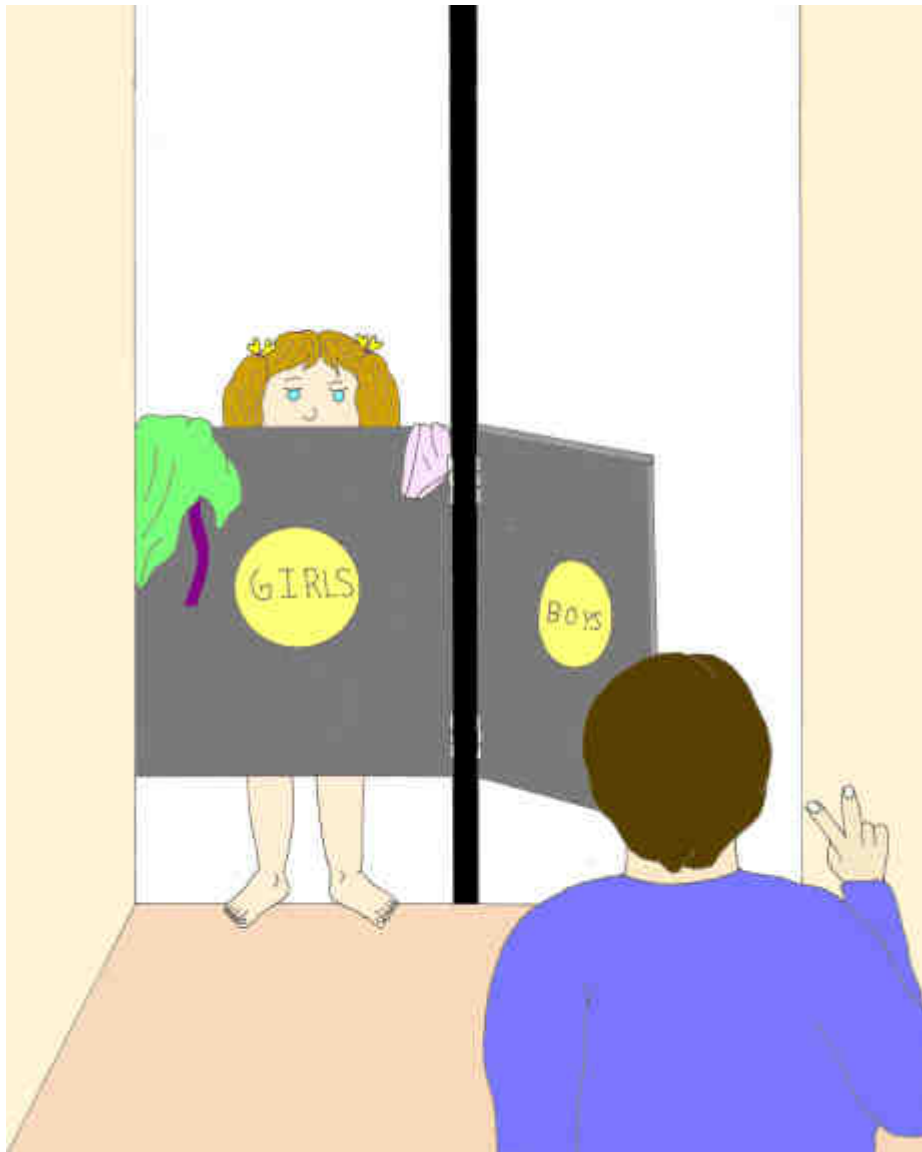
when someone says they are a doctor and wants to look at me with my clothes off, but they don't have an office and want it to be a secret from my Mom and Dad. I know that real doctors don't do that.



I say “No!”

when someone gives me touches that hurt me or my feelings, and they aren't trying to help my body or fix an owie.



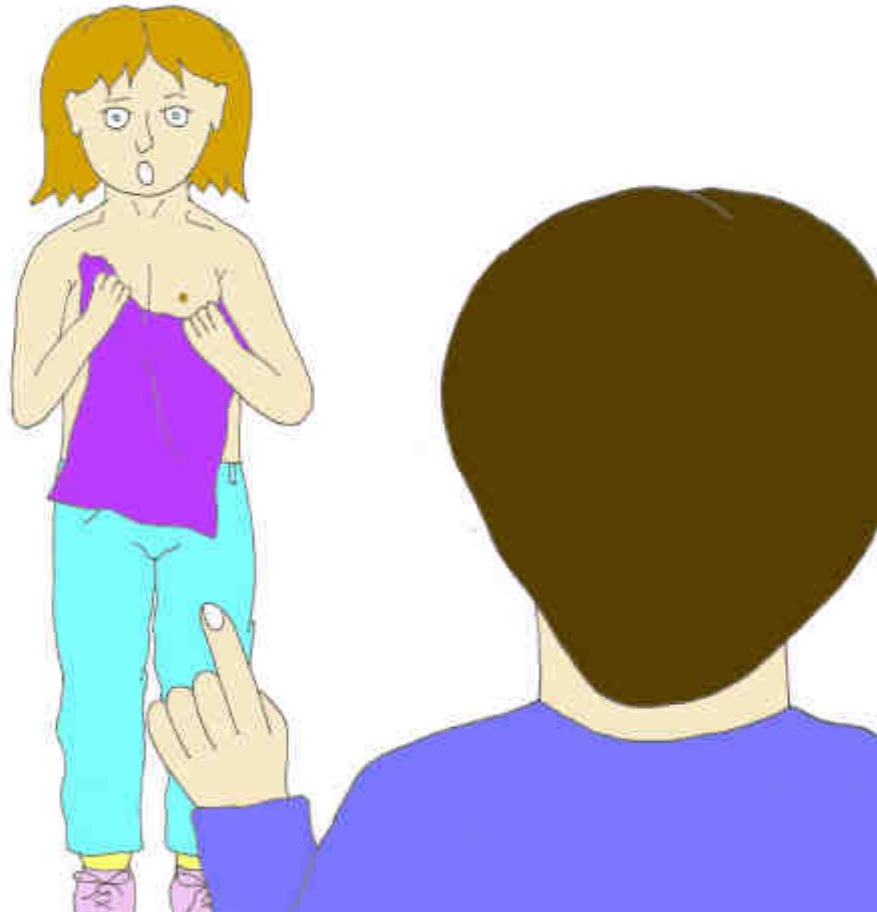


I say "Yes!"
when my teacher Mark tells me to take off my clothes to change into my swimsuit before our field trip. I know he is asking me to do this for a good reason, because we need to get ready.

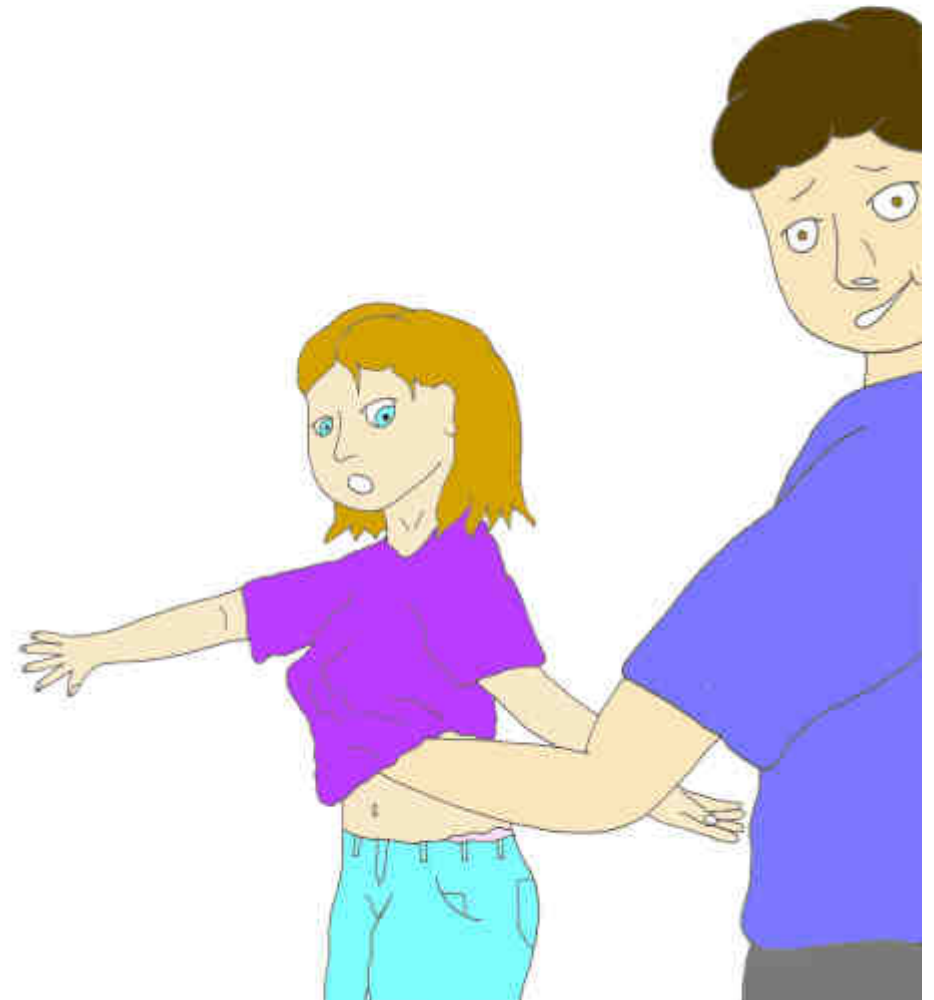
I say "Yes!"
if I need help to put my bathing suit on.
It is good for people to help me with
my body if I ask them for help.



I *would* say “No!”
if he ever asked me to take off my
clothes without a good reason.



I *would* say “No!”
if he ever wanted touches underneath
my clothing and I did not ask
for his help.





I say "Yes!"
when my relatives want to give me hugs
and kisses. I know that they like hugs and
kisses, and these touches are good
touches for children.

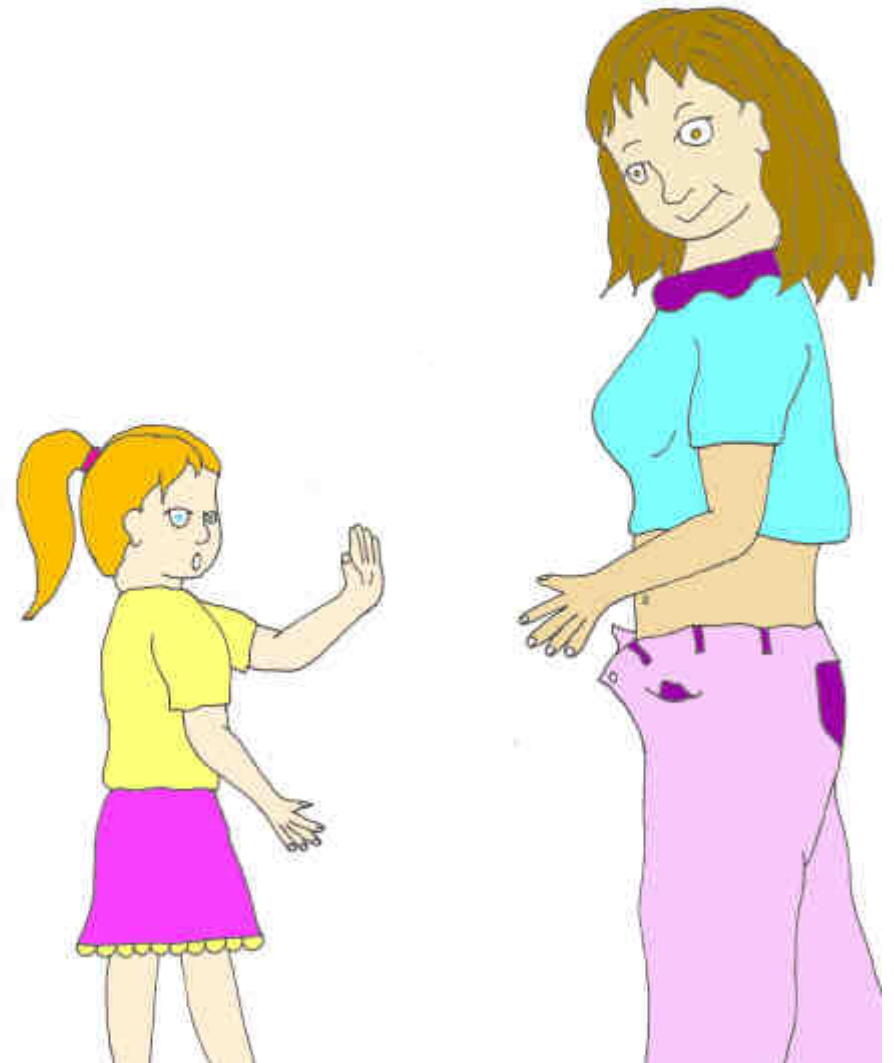
I say "Yes!"
when my Daddy wants a kiss goodnight. I
know kisses goodnight make both of us feel
good, and even if they are sometimes prickly,
I can give him just one because I love him.



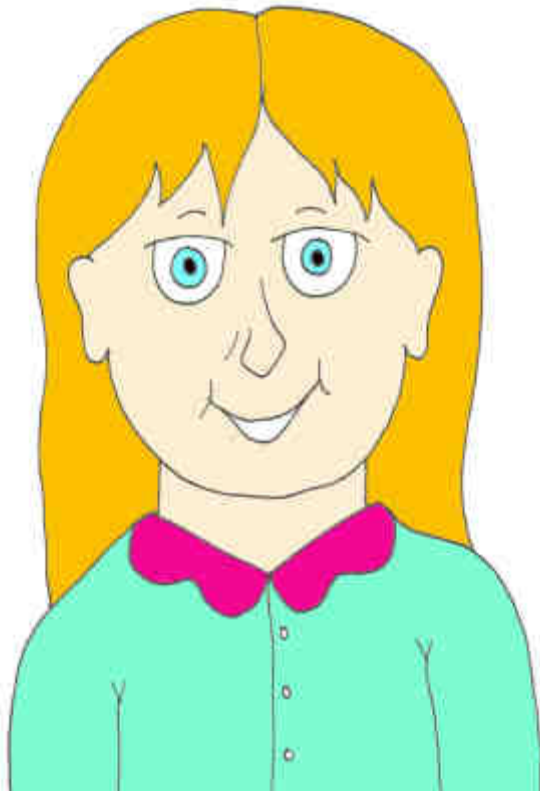
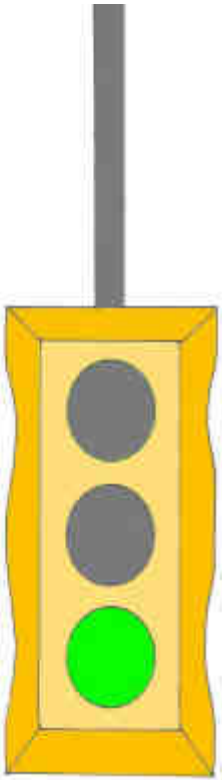


I say “No!”
when my cousin wants the touches he gives
me to be a secret. I know that touches should
be for the whole world to see and know
about. They should never be a secret.

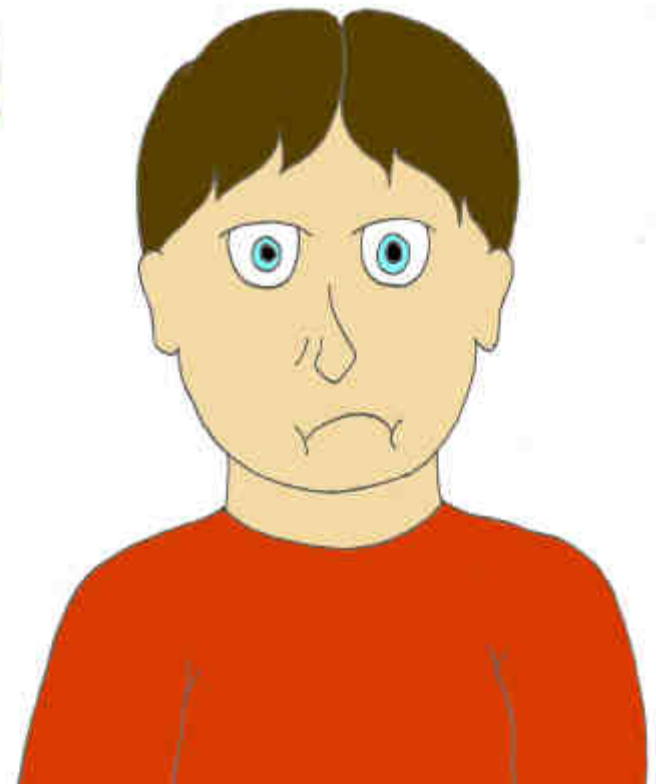
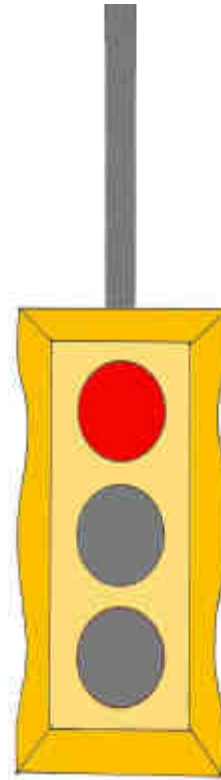
I say “No!”
when an adult wants me to give them
touches on their personal area. I know
that their personal area is just for them,
and that is not something kids are sup-
posed to do with an adult.



I say "Yes!"
to things I know are right.
I say "Yes!"
when an adult asks me to
do something that is good
or right, even if I don't
want to.



I say "No!"
to things that I know are wrong.
I say "No!"
to touches that make me feel
funny or uncomfortable.



The End

