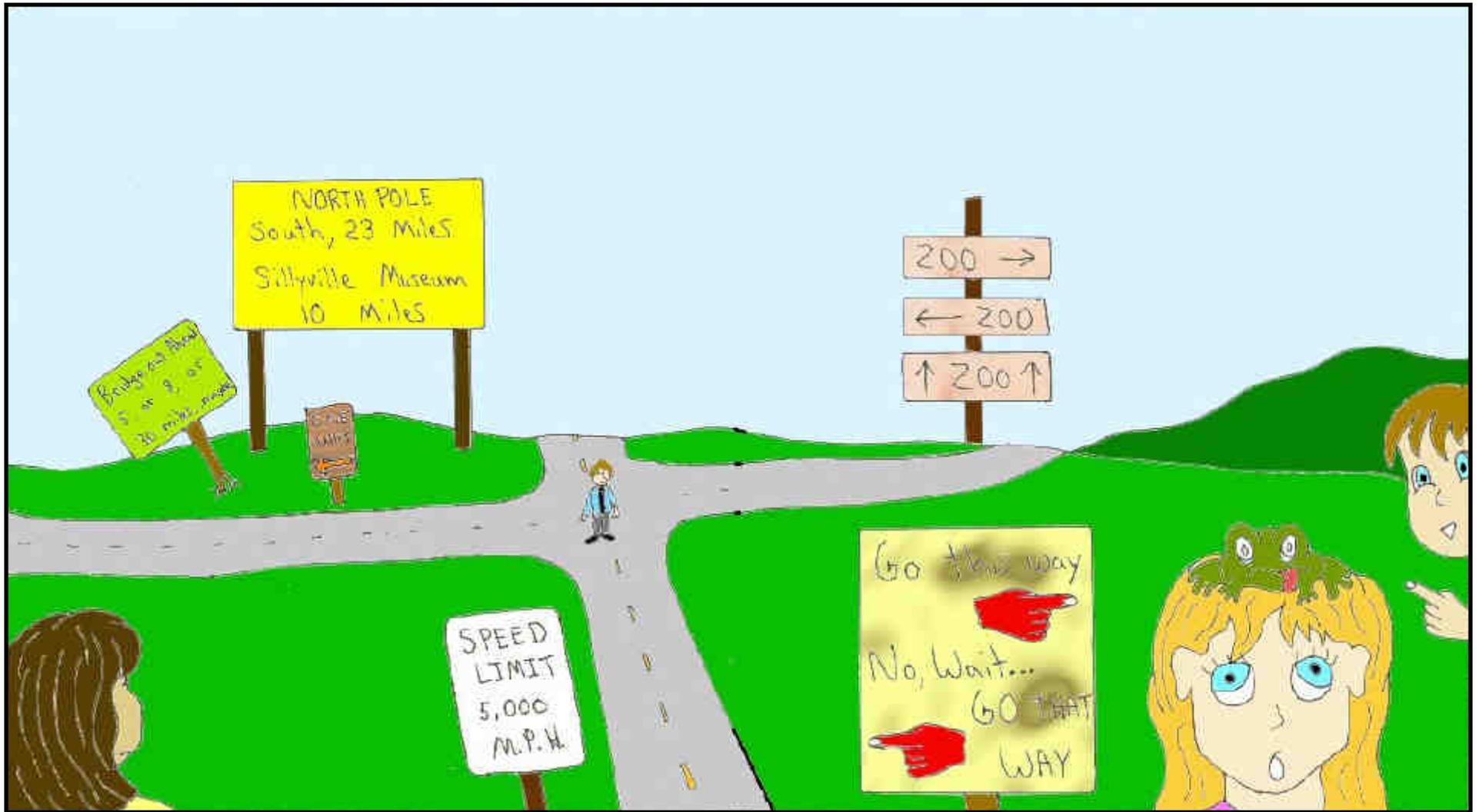


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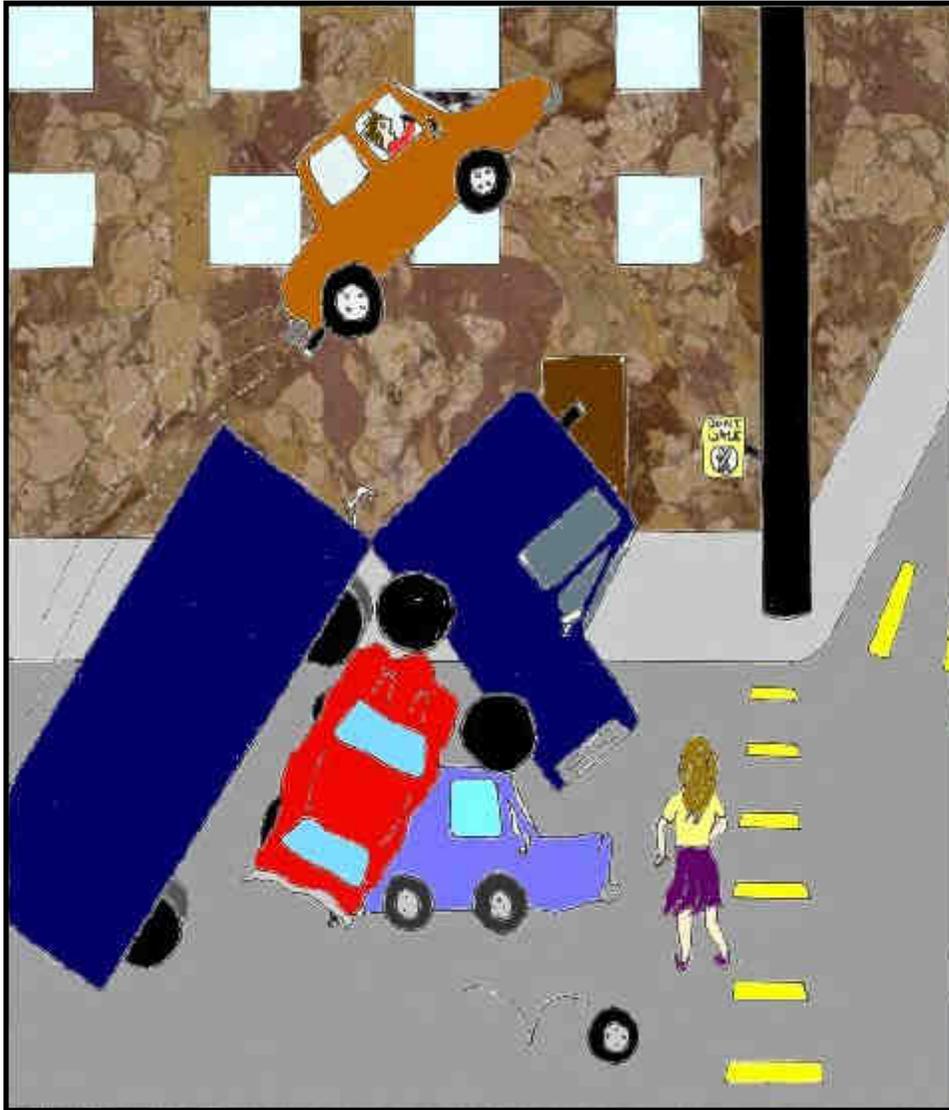
All around us, there are rules to follow. There are rules at school. There are rules at home. There are rules to drive by. There are rules to live by. There are rules to play by. There are rules for adults and there are rules for kids. You probably get rules from your parents. *Yap, yap, yap, yap, yap.*

You probably get rules from your teachers. *Do this, do that. Timothy, don't put frogs in Jessica's hair.* You probably get rules from other adults. *Yatta, yatta, yatta, yatta.* We all try hard to follow the rules. But sometimes we forget. Sometimes we break the rules. Is it good to break the rules? What do you think?



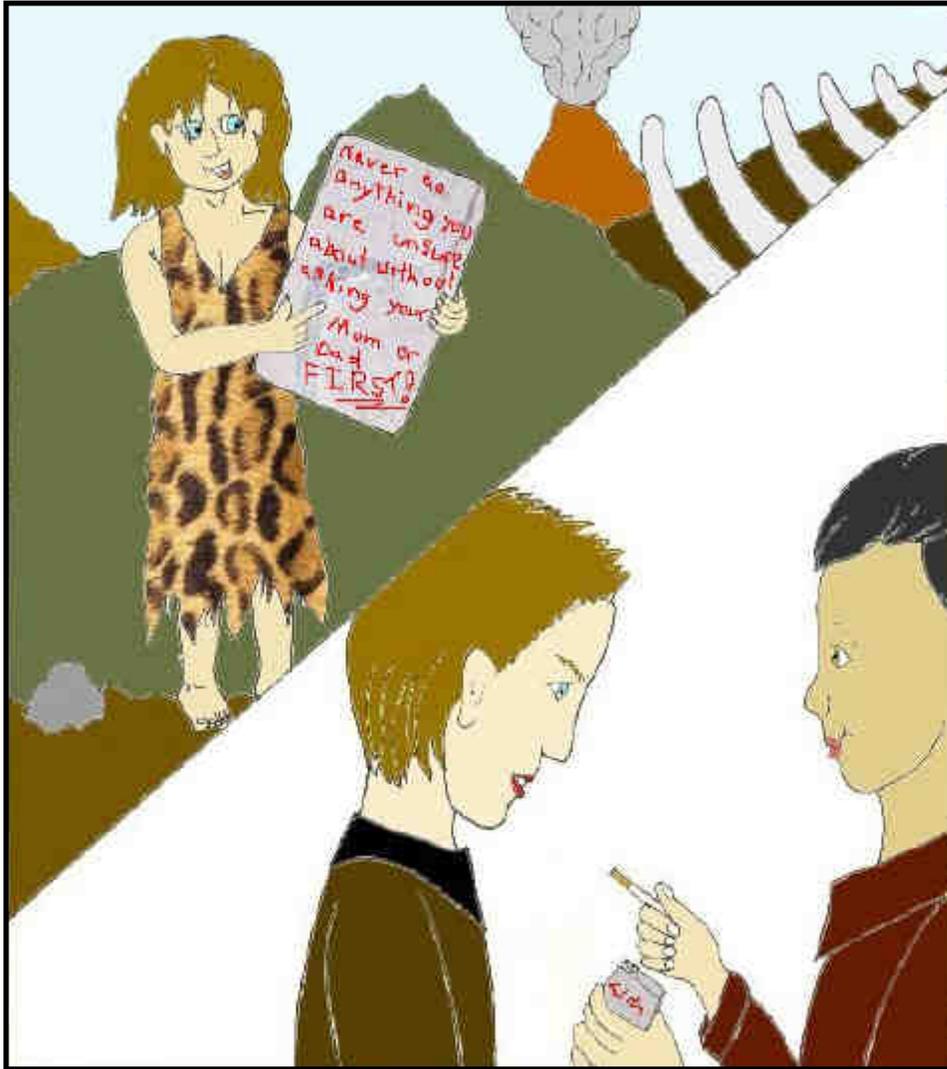
Rules are there to protect us. They are there to protect others. It is not good to break the rules. We need to do our best to follow the rules. Breaking rules can often times have serious consequences.

Even though we may not like them all the time, rules are there for a reason. After all, if there were no rules in the world, you probably wouldn't like that very much either. What are some ways rules keep *you* safe?



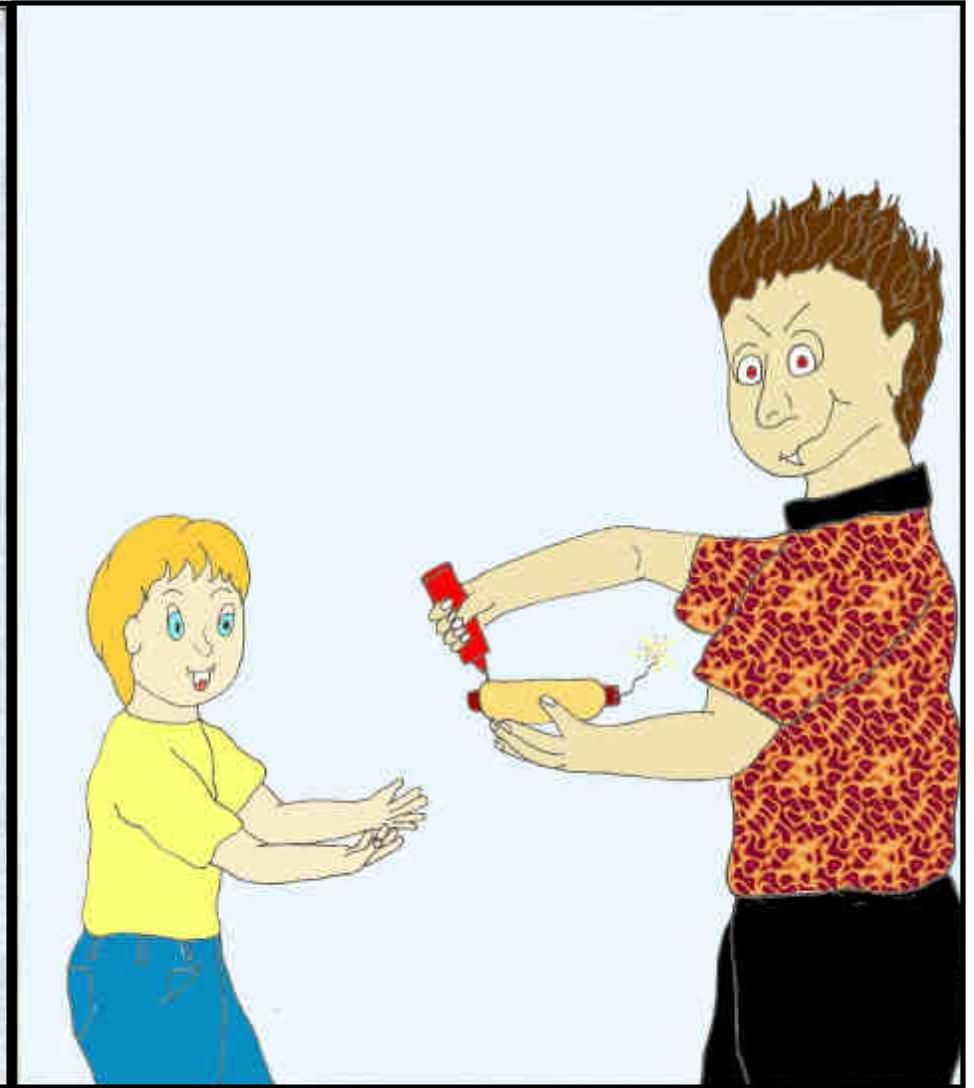
There are some especially important rules that we should never, ever break. These are rules that are rules for our safety, that keep us safe and protected. They are rules that if we break, we could end up getting hurt, or worse. These are rules we should always follow, no matter what anyone says.

They are pretty easy rules to follow anyhow.  
We should *never* forget these rules.  
We should *never* break these rules.  
We should *always* follow these rules.  
Do you know what these rules are? Lets find out.



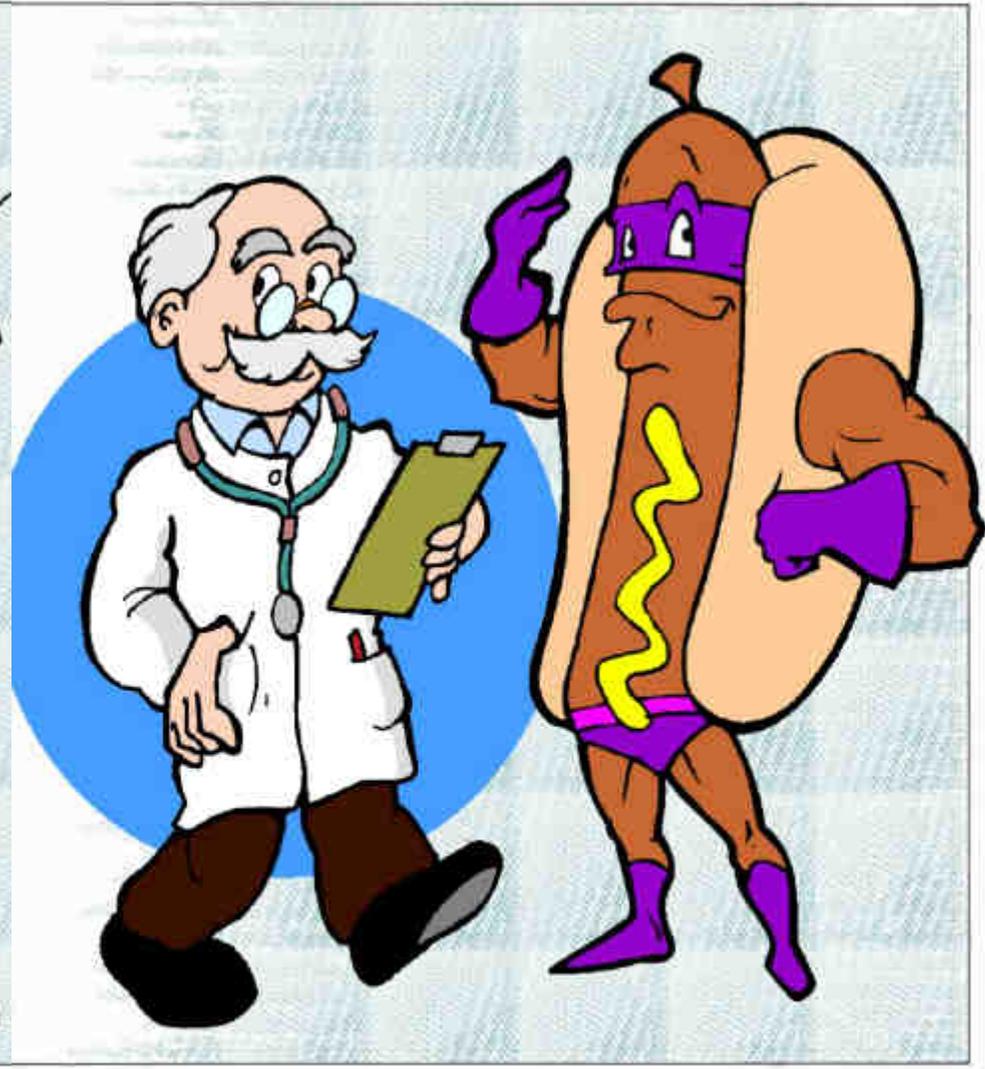
The first and the most important rule is: **"Never do anything new or anything you are unsure about or feel funny about without asking your parents or another adult first."**

Things we are unsure about, ask your parents or another adult first. Things we have not done before, ask your parents or another adult first. Things that are new to us, ask your parents or another adult first. Things that give us a funny or confusing feeling, well, you get the idea.



It's OK to try new things. In fact, it is good to try new things. But anytime you do something different or new, ask your parents first if it is OK. If your parents aren't around, ask another adult, or two, or three, or 10 million, to make sure that what you are doing is something OK for you to do.

We have this rule because sometimes, somebody might try to trick you. Sometimes, somebody may want to do something with you that they really shouldn't. They might want to do things that are good for them, but not good for you. So . . .



It doesn't matter if they are an adult. It doesn't matter if they are a teacher. It doesn't matter if they are a police officer. It doesn't matter if they are a doctor. It doesn't even matter if they are a talking hot dog superhero with purple boots and a mustard suit.

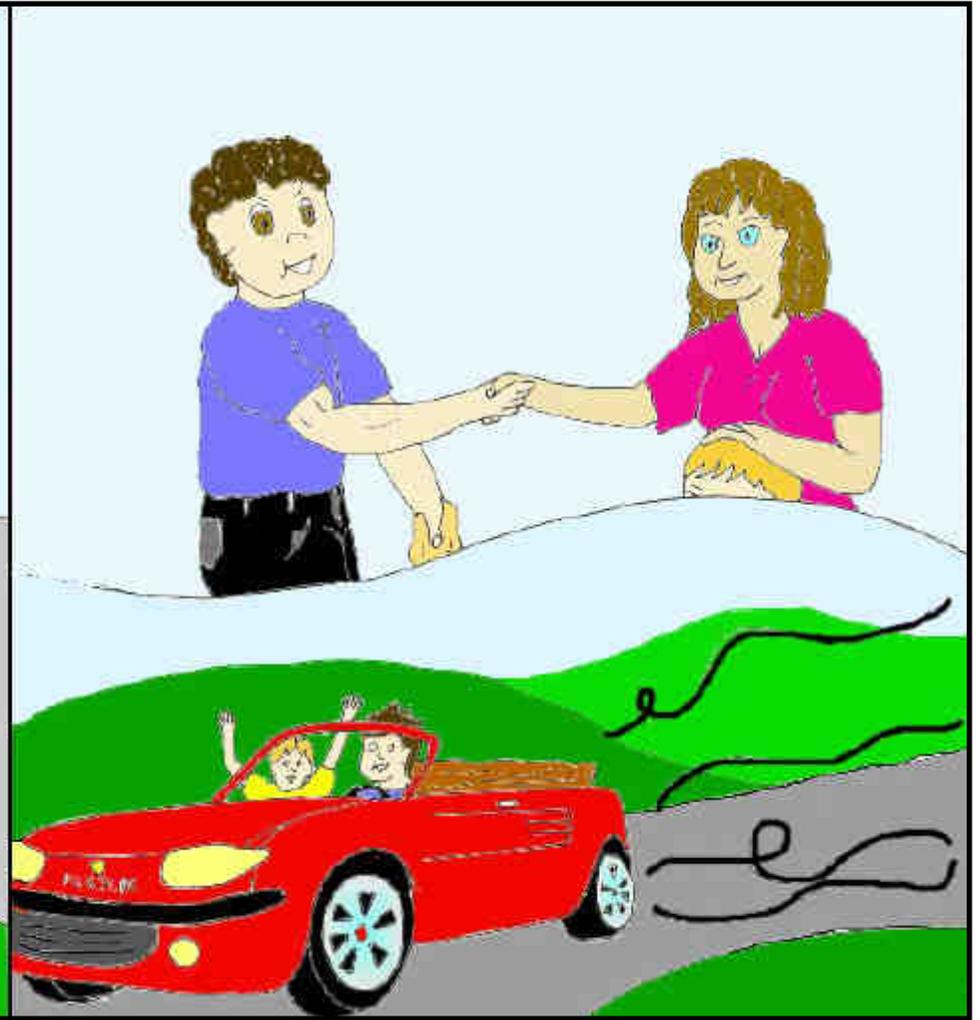
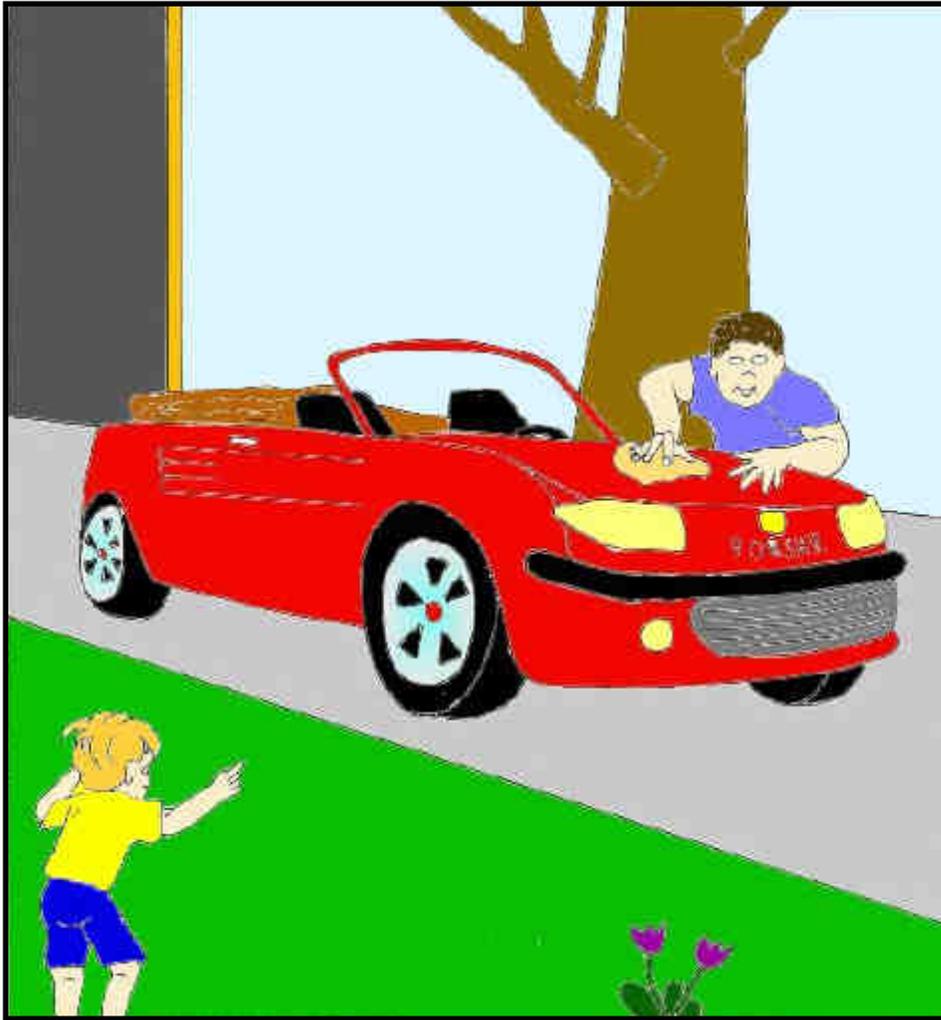
If what they are doing is fine and good, nobody will ever care that you ask other people about it. They will only care if they don't want anybody else to know about the bad things they are doing. If somebody doesn't want you to ask another person, don't do it, and tell your parents about it as soon as you are safe with them.



Let's talk about times we would use this rule. Janie is waiting after school for her mom. It's been a little while, and she still doesn't see her. A friend of her mom that Janie knows pulls up and tells Janie to come with her, because she says her mom asked her to pick her up. Janie *thinks* this is OK, but she isn't quite sure. She does the right thing, and tells her mother's friend she needs to ask some other people.

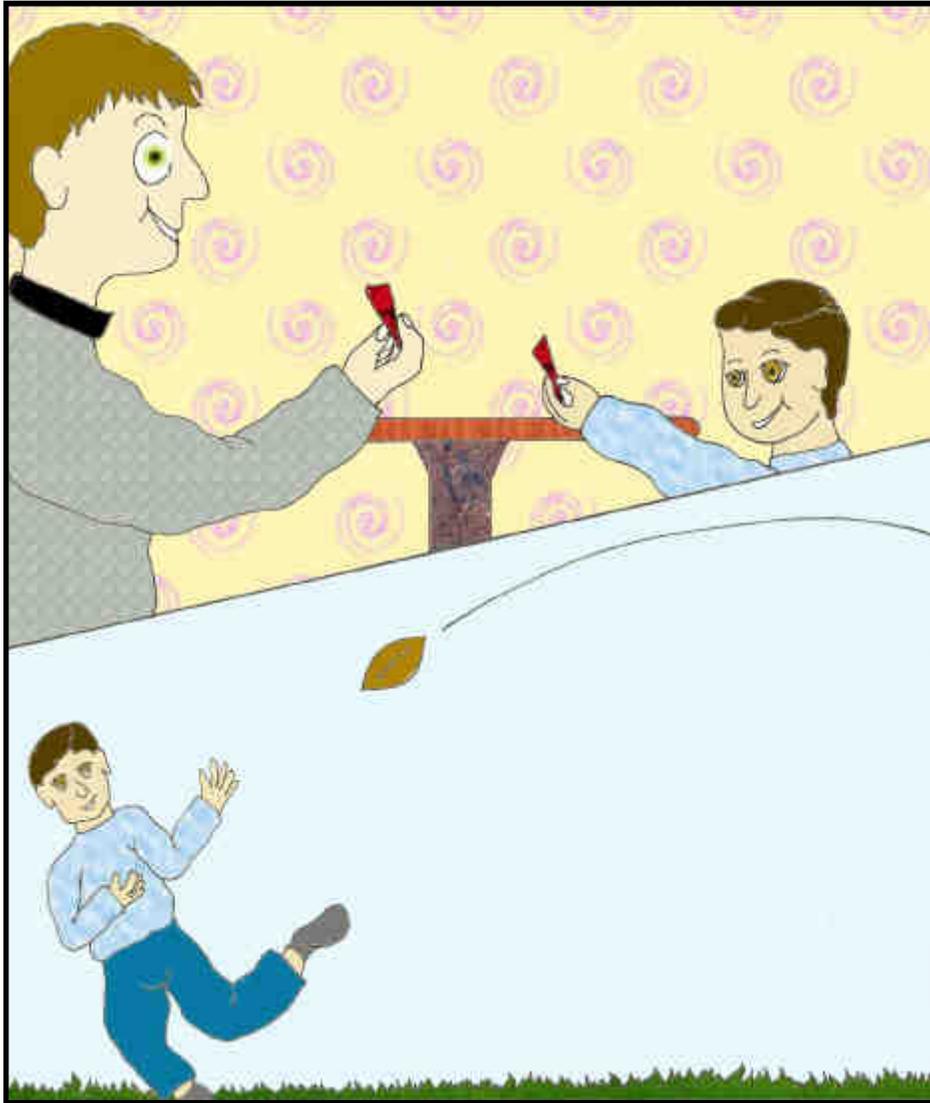


Her mom's friend doesn't mind, because what she is doing is good. She walks with Janie inside, and talks with the people in the office to let them know that she is taking her. This way, she could not try to take Janie away without somebody else knowing about it. Her friend says she did the right thing by being safe.

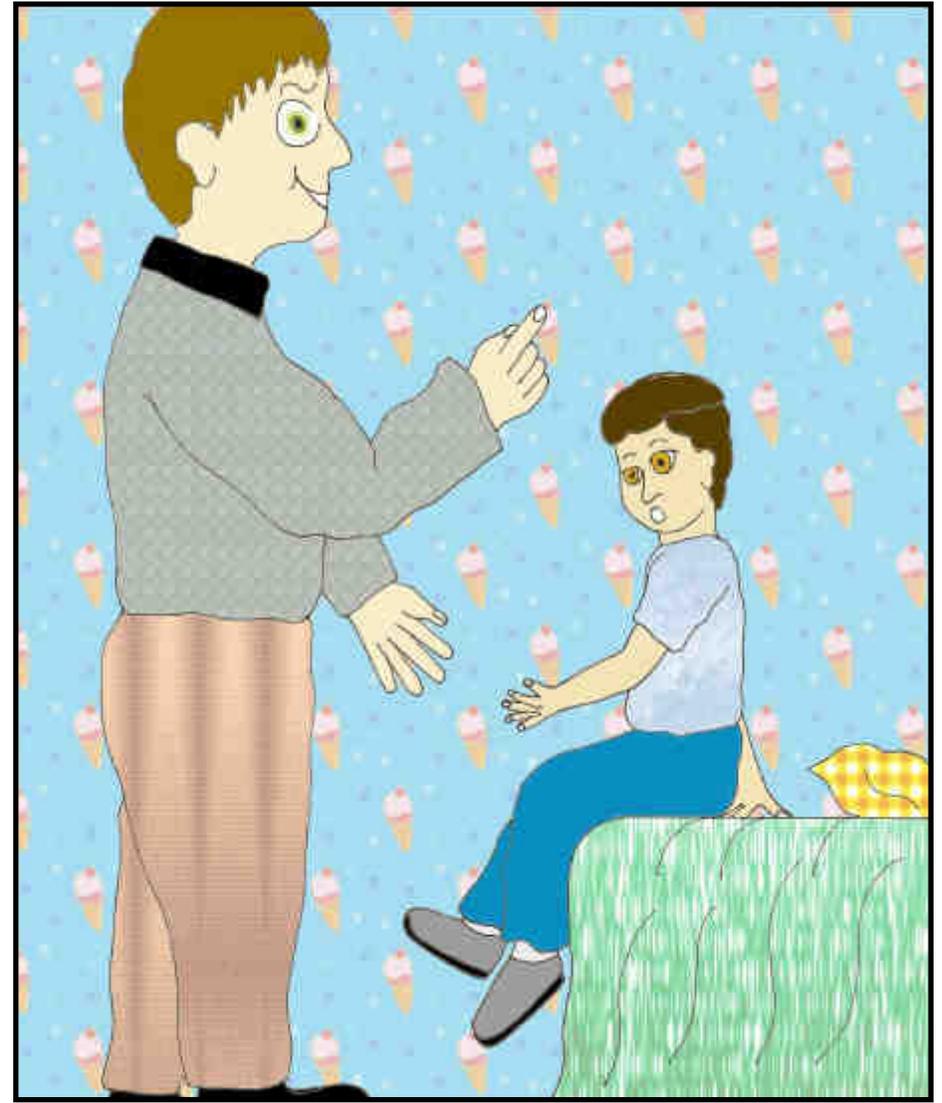


Mikey is playing outside his house one day. His next door neighbor has a shiny red sports car. He is shining it. He sees you looking and starts talking with you about it. He asks you if you want a ride. Oh man, would you! But then you remember. This is something that I would have to ask my mom about first. This is something new, and I'm not sure if this might be a

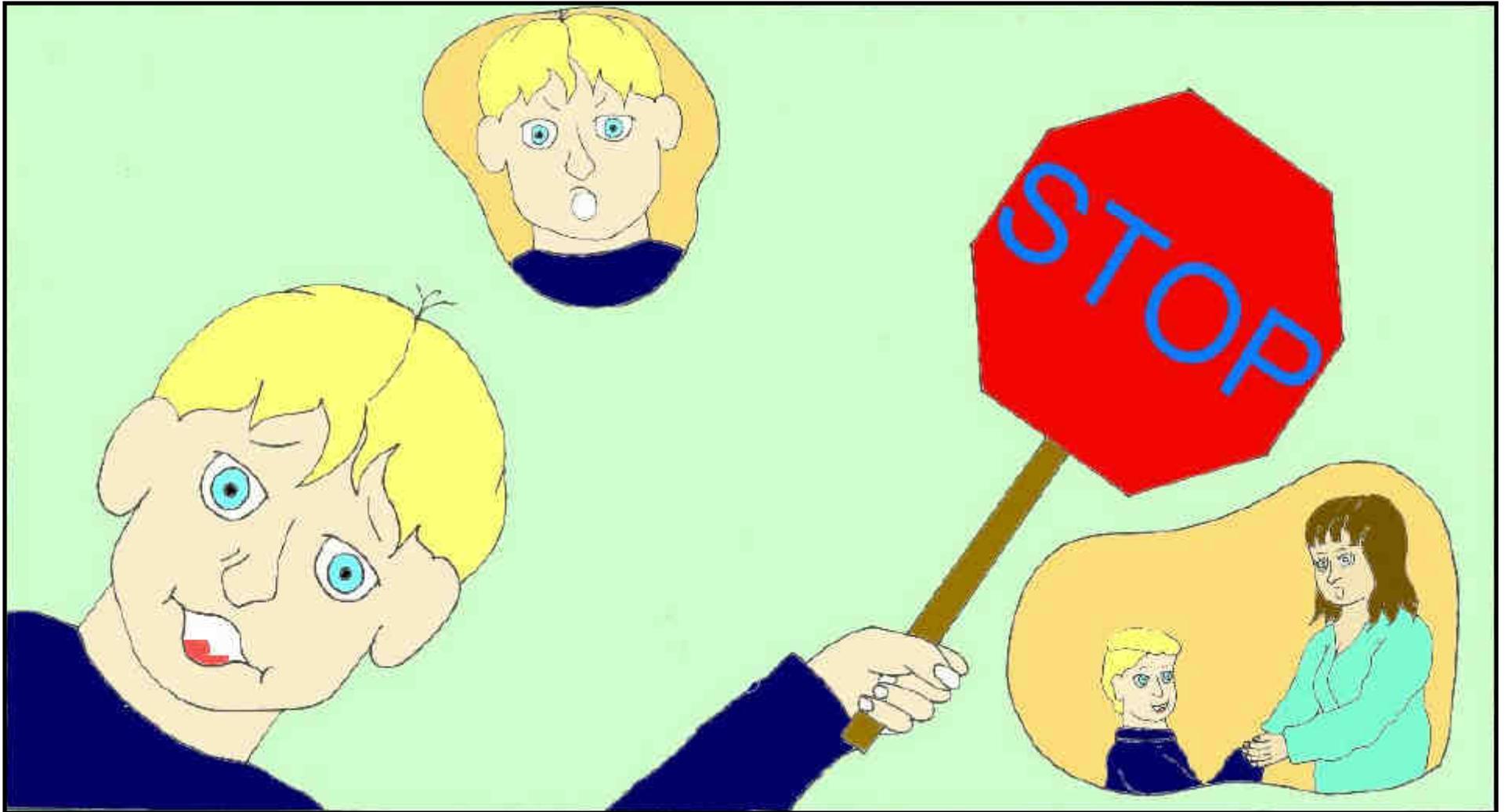
stranger trick to get me away. So because I'm not sure, I say I have to ask my mom. I ask my mom, and beg her to let me take a ride. She says OK! But she says she has to meet him first and talk with him. After that, she lets me go, as long as I promise to put on my seat belt. It was awesome! That car drives really fast!



Bobbie is over at his Uncle Ryan's house. Bobbie likes to play with Uncle Ryan a lot. They are really good friends. But today, Uncle Ryan wants to play a different game just between them, that Bobby isn't sure about.



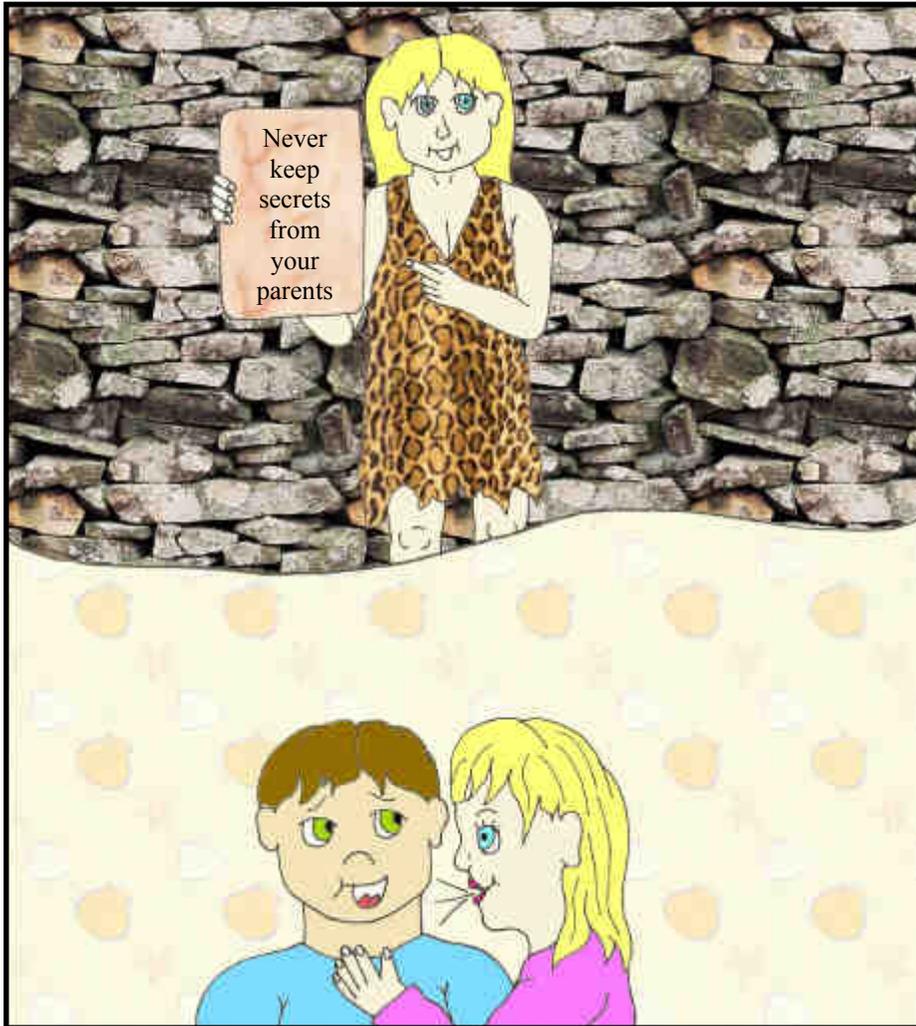
Bobbie tells his Uncle Ryan that he isn't sure about this game, and needs to ask his mom first if it's Ok to play. But when Bobbie says that, Ryan says not to tell or ask his mother about it.



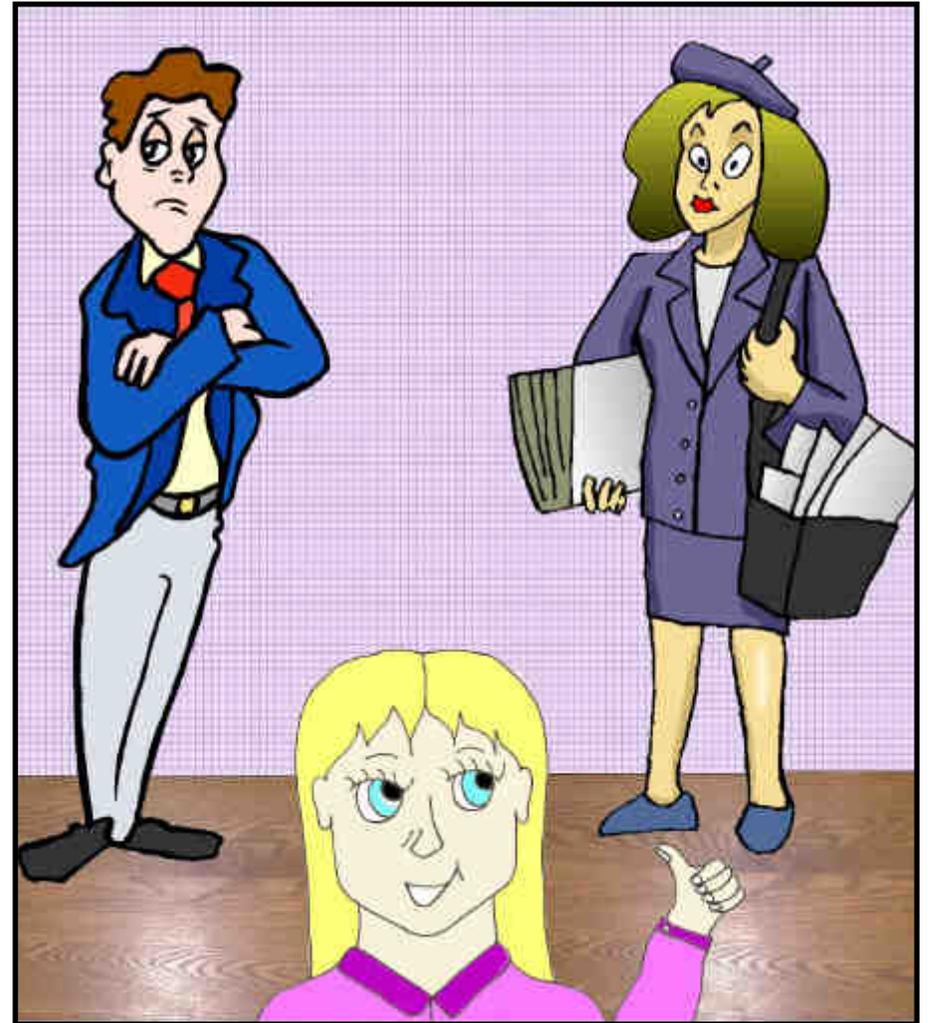
Now **HOLD ON A MINUTE, STOP THE STORY**. If someone doesn't want you to ask someone else, what do you think this means?

Bobbie remembers what his mom told him: When somebody doesn't want you to tell, it might be because they want to do something bad.

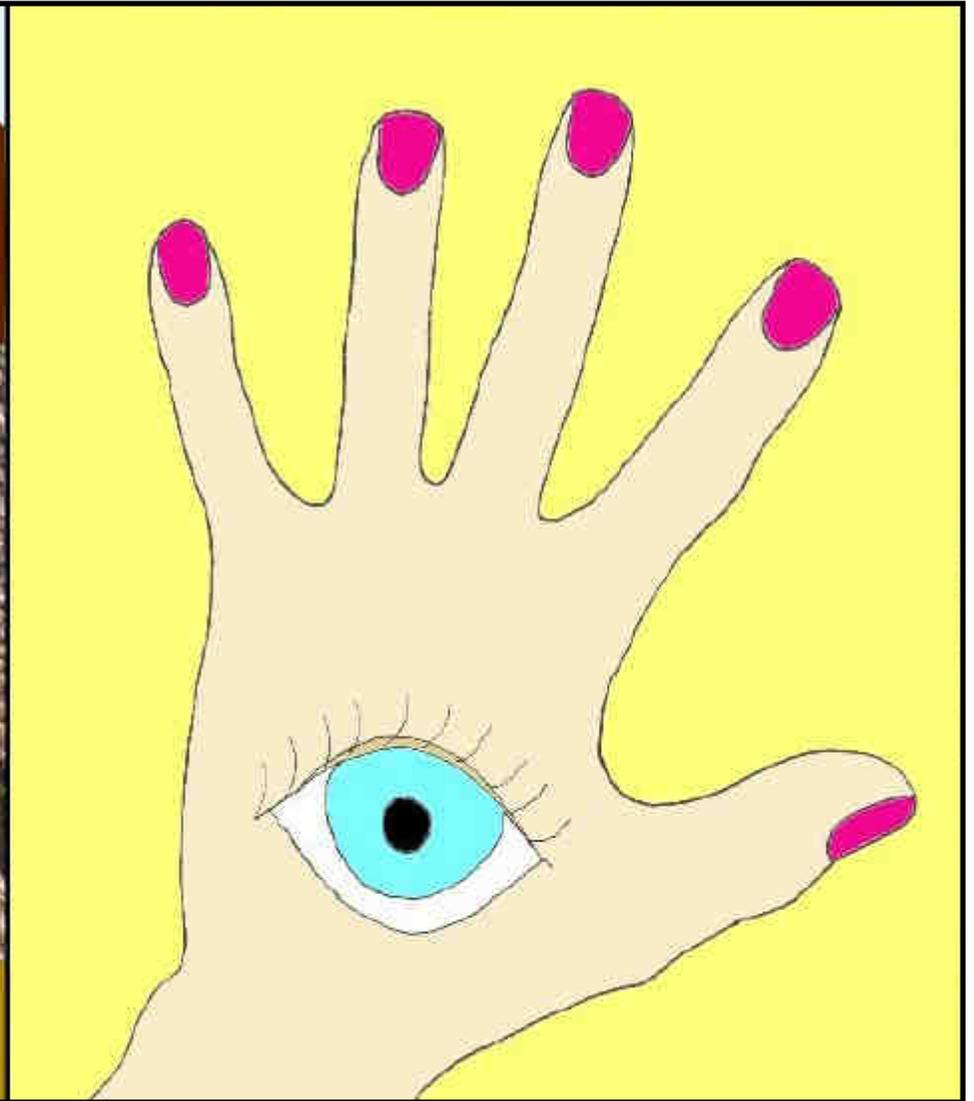
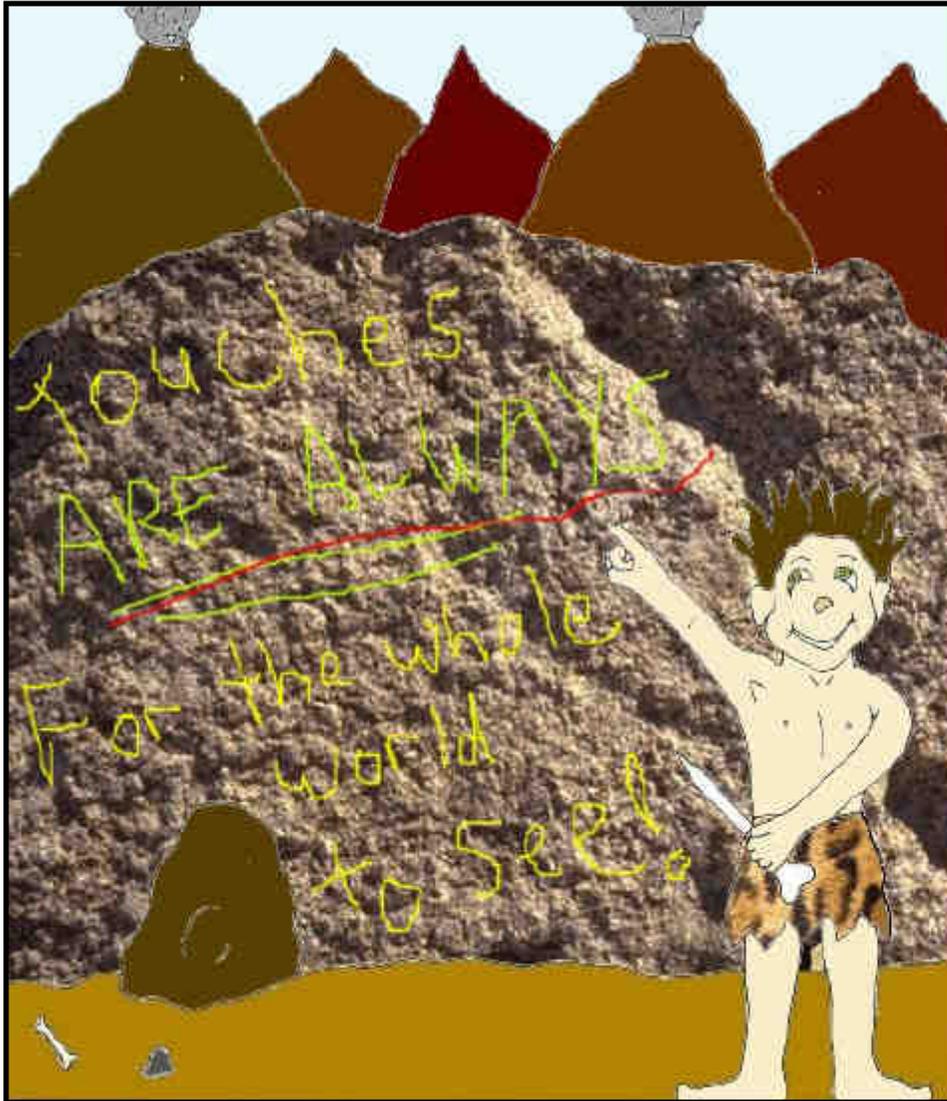
Bobby stops the game, and when Uncle Ryan tells him not to tell, he says "OK" just so he can get away. But as soon as he is with his mom, he tells her. She says it was a bad game, and tells him that he did the right thing by asking her first.



And that leads us to our second never to be broken rule: **"You never, ever, ever keep secrets from your parents."** You see, it's Ok to keep little secrets between your friends. But there are never to be secrets from your parents. Your parents help to protect you. They need to know everything that goes on in your life. If someone wants you to keep



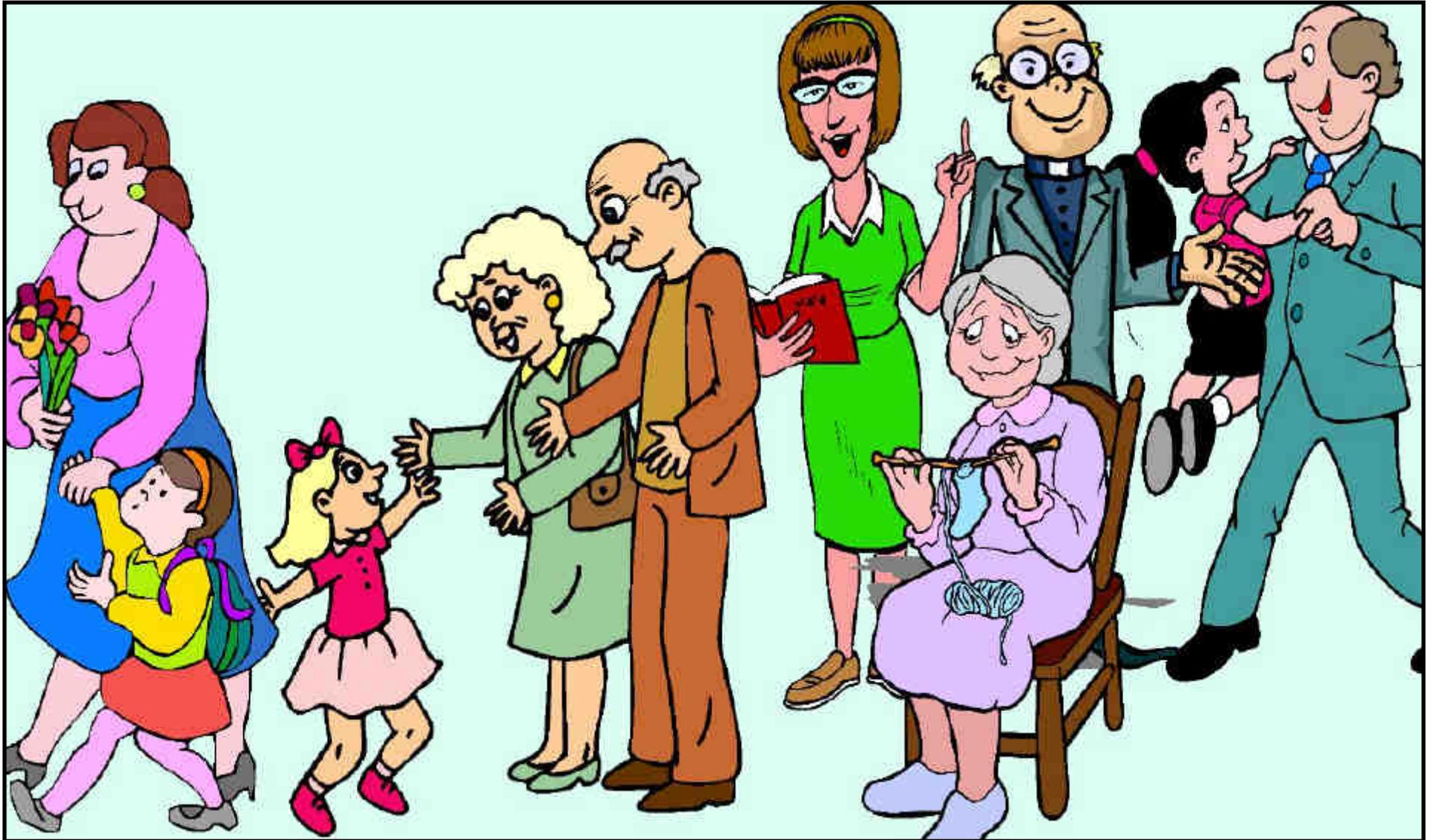
something a secret from your parents, it is usually because they are doing something they shouldn't be doing. After all, your parents are old anyway. They're not even like real people, they're just your parents. It should never matter if you tell them, **unless** someone is doing something wrong.



And the third never to be broken rule: "**Touches are always** for the whole world to see." Children should never have any secrets about touches or their body. The touches someone gives you, or asks you to give them, should never have to be secret.

**TOUCHES** and things that have to do with my **BODY** are **NEVER SECRET!**





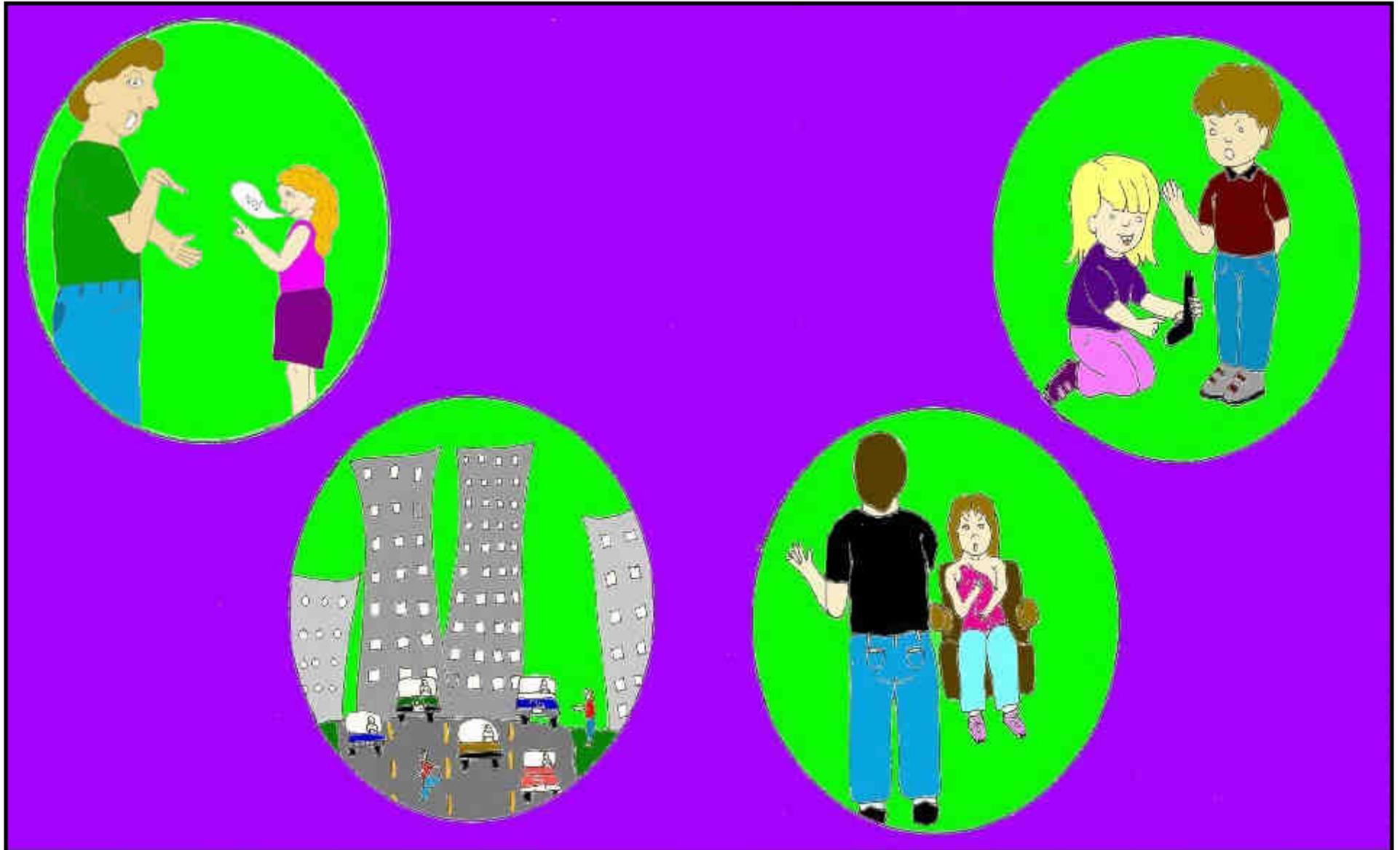
If anyone gives you touches that they don't want anyone else to see or they say have to be a secret, it is important that you tell someone. Someone needs to talk with them and make sure that they are only giving good touches.

You can tell your mom and dad, and they can help. Or, if you want, you can tell your teachers, and they can help. Or you could tell another grown up, and they could help. There are lots of people around to help you.



The fourth never to be broken rule, is: "**Never take chances with anything that might hurt us.**" You should never jump off a cliff. Jumping off a cliff might hurt. You should never put on a bikini made out of sirloin steak and go swimming in a shark pool. That might not be good.

You should never go skydiving and forget to take your parachute with you. Something tells me you might need that. And you should never put on a metal suit and go sword-fighting in a lightning storm. Not unless barbequed you is on the dinner menu.



On a less silly note, You should never touch guns. You should never try to cross a busy street. You should never play a new game that you aren't quite sure about.

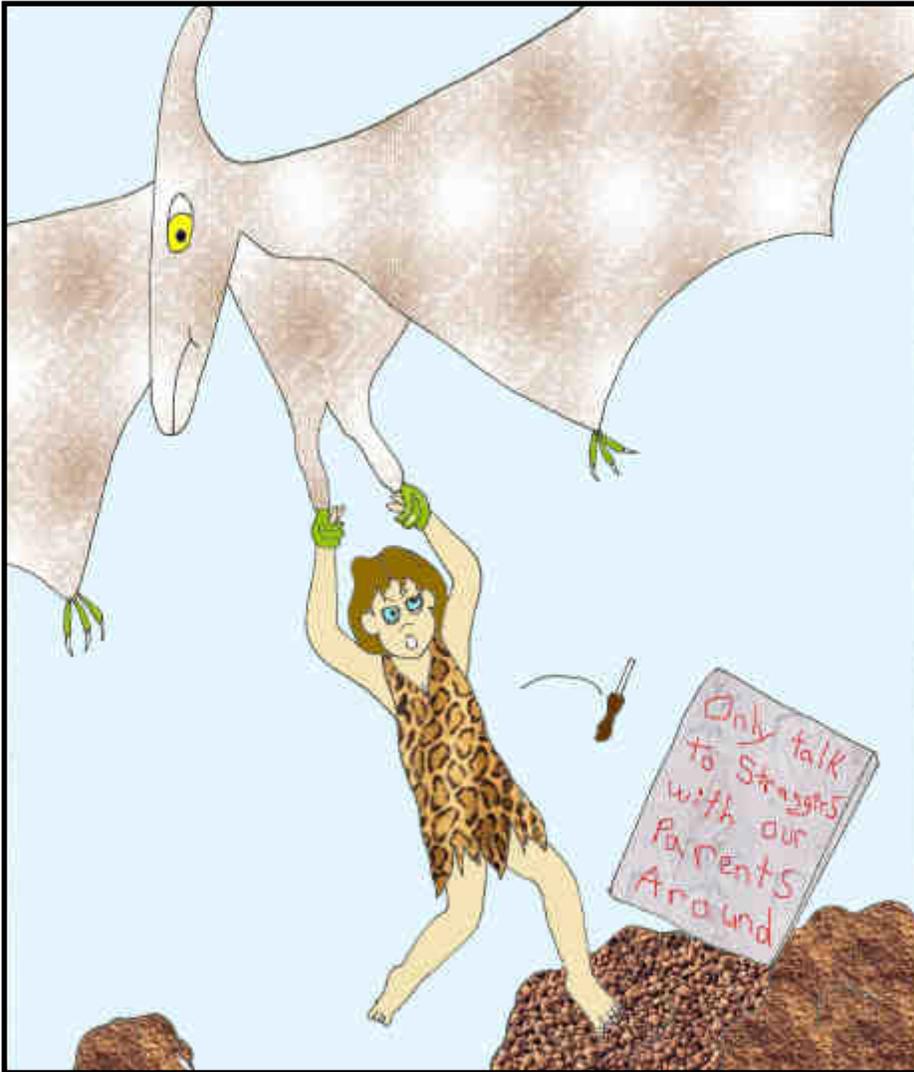
If there is even a chance that it could hurt you or make you feel bad, don't try it. Remember the first rule, and ask another adult for help or advice first.



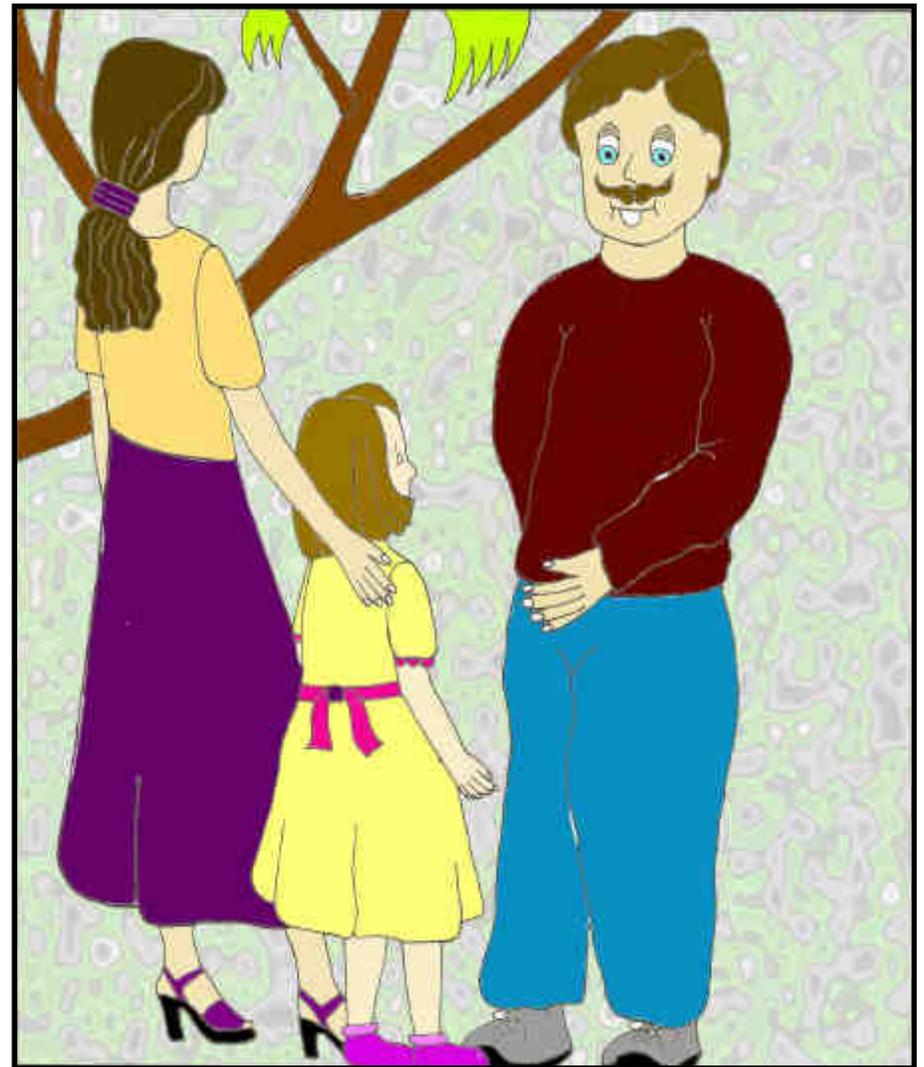
The fifth never to be broken rule is, **"The only thing kids use their personal parts for is to go potty."** Nothing else. No adults should ever ask kids to use those parts in any other way. That would be just plain silly. There is no need to do anything else with those parts...is there? Those parts are personal to you.



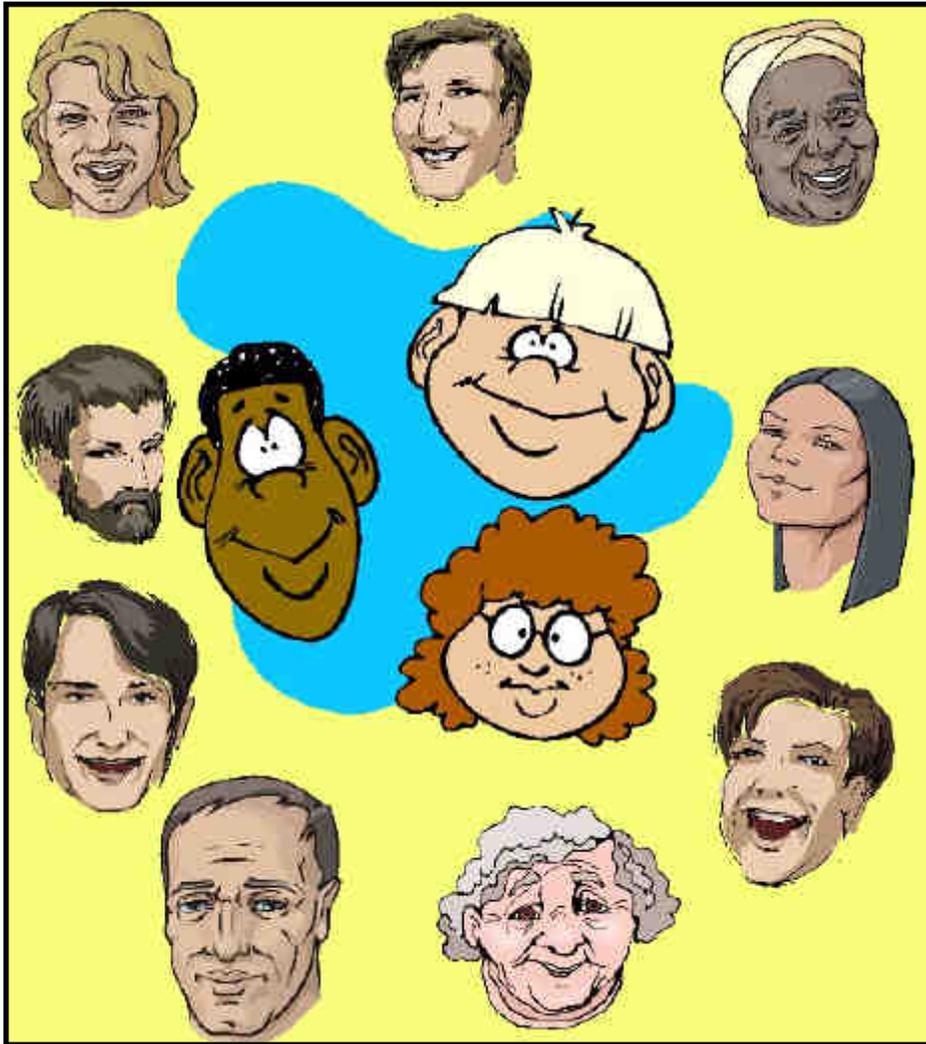
On occasion, a doctor may have to look at our personal parts in his office. Sometimes our parents might help us with those parts. We shouldn't feel ashamed or embarrassed about them. But nobody ever uses them or plays with them for any other reason. That could hurt the personal parts of our body.



And our final never to be broken rule for now: **"Only talk to strangers with our parents around."** You might have heard people tell you never to talk to strangers. But this is a hard rule not to break, and it isn't quite right.



It's just fine and dandy if we want to talk to strangers in the right place. Most strangers are wonderful new people for us to meet. But when we do, we need to follow this important rule about strangers. We can **ONLY** talk to strangers if **OUR PARENTS OR THE PERSON WATCHING US IS RIGHT BY OUR SIDE.**



You see, strangers can be good. They can be bad. They may look good on the outside, but on the inside, they could be a slimy green alien, who eats little children and wants to take over the world and make it into a toxic waste dump to breed more smaller little slimy alien babies!



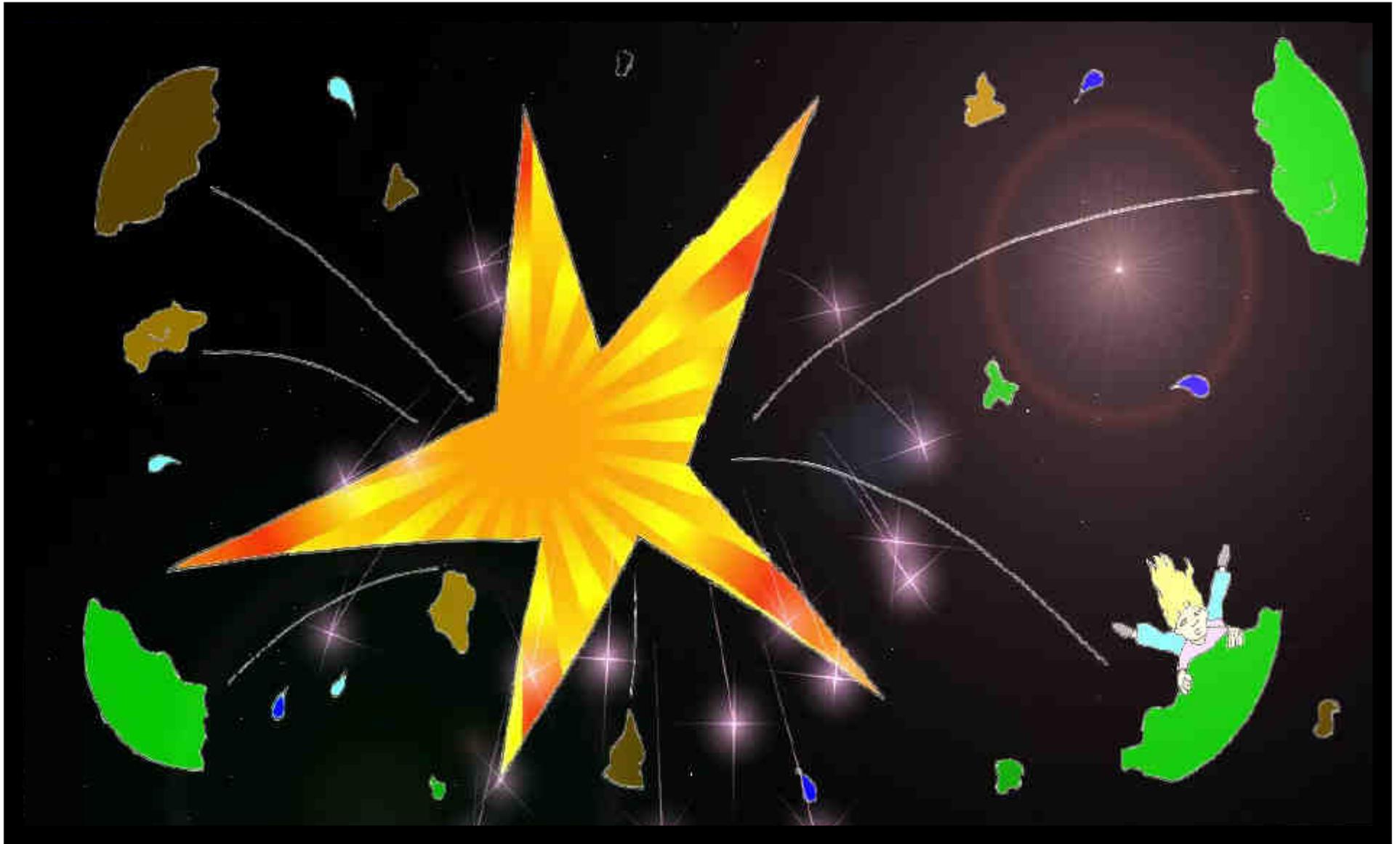
Ok, probably not. But you never know, they might want to do bad things, and you can never tell by looking. Because of this, we need to be extra careful around them, and should **only talk to strangers when our parents or another adult are right there to protect us.**



So now that you know these never to be broken rules, make sure that you never break them! If a giant green sea monster crawls out of a lake and starts talking to you, telling you to do something that would break these rules, don't listen.



If your best friend wants you to break one of these rules, don't do it. If a grown-up wants you to break these rules, talk with your mom or dad first.



If the entire world explodes, and you end up trapped on a piece of it flying through outer space, spinning around and around and around, until you crash land on

a strange planet, so dizzy and disoriented that you vomit and then fall to the ground with a headache and go unconscious.



And as you start to wake up, you suddenly realize that you're on a strange planet with ice cream trees, surrounded by a colony of funny looking marshmallow

people, and they want you to break one of these rules, should you do it? No. Never break these never to be broken rules.

THE END